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SEPTEMBER,
1906

Myra's Journal

3D.

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Early Autumn Number.

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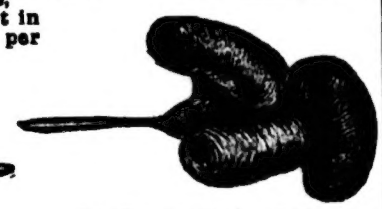

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FASHION NOTES FOR THE MONTH

THE era of stripes has succeeded that of checks and plaids. Stripes of all varieties will be seen this autumn, from the tiny line stripe of certain flannels and tweeds to the broad "Pekin" effects of French silks. The broad stripes are mostly seen in silks or velvet; they are used chiefly in trimmings or for smart dinner or tea coats of short-waisted Directoire type. Uncommonly elegant are the collar-facings and waistcoats of Pekin silks on plain cloth or velvet redingotes for promenade or visiting purposes. These "Pekins" are of Lyons manufacture, and they boast the exquisite colour combination for which the Lyons silk manufacturers are noted. A charming visiting gown shows this colour combination very effectively—a wonderful blending of blood red (the gules of heraldry) and a soft milky blue. The chief part of the gown is of fine face cloth in the blue shade. The smart coat has underfronts, collar, and cuffs of the striped red silk and blue velvet, with slipstitched facings of plain blue velvet decorated with small steel buttons. A full plastron and a puff under the cuff are of blood-red silk. The effect is very Parisian and very smart indeed.

Heliotrope tints will be well to the fore this autumn. The Vienna tailors are turning out gowns of fine cloth in this colour with very circular skirts and smart, fitted, long basque coats. One model, the coat of which is lined with white satin, has the waistcoat, collar and cuff of Pekin silk—white satin and heliotrope velvet stripes—faced with heliotrope velvet, decorated with paste buttons. Voluminous frills of soft creamy lace down the waistcoat, at cuff, and throat, give a very graceful finish to a beautiful costume, which is to be worn with a pure white felt picture hat with white ostrich plumes and a long-ended stole of white fox.

There is already showing a marked tendency to revive the raw-edge shaped frill as a trimming on cloth coats and skirts. Circular skirts are employed, fitted above, and very full and fluted round the feet. The flounces often rise to the knee in front, and much higher at the back, where the space at the foot has to be filled in with one or two flounces tapering down to mere points where they join the first front flounce. The coat, with or without basque, has two shaped frills for a collar, and the sleeve ends in two shaped frills of the cloth, beneath which hangs a lace frill. Should the coat have a basque this chiefly consists of one or two frills. Such frills are about six inches deep, though the depth is modified according to their position on the costume. A frill-trimmed costume of this description is always expensive. The frills take a great deal of material, and are troublesome to cut, as the style demands sufficient flow at the edge of each frill, and yet no fullness whatever at its top edge. This means that according to its position on the dress or coat, the curve of the shaped frill has to be very nicely calculated.

A great many evening gowns this winter are to be of velvet, made in princess style, decorated with the most delicate lace. The somewhat trying shade of heliotrope loses its terrors for the very pale or sallow woman, if she selects it in velvet, as the soft, deep bloom of the pile makes all colours becoming in velvet—except, perhaps, a harsh cerise, a crude and vivid pale blue and a bright mustard yellow.

By the by, in speaking of stripes, it ought to be mentioned that certain enterprising bootmakers are trying to introduce striped satin evening shoes. Their success is doubtful. Sometimes a striped satin is used, or else a self-colour shoe is strapped in stripes with ribbon of a contrasting shade. Canvas and leather shoes of the same odd fashion have also been tried. The idea was an outcome of the growing stripe craze grafted on the spring's idea of coloured *chaussures*, which were never much in vogue, as it requires a full-filled purse to have one's walking shoes an exact match of one's gown or its trimming. In England, too, where small and dainty feet are the exception rather than the rule, coloured shoes are rather objected to as tending to increase the foot's apparent size. Yet the green, red and blue kid shoes which, on the whole, were purchased rather shyly during the summer for outdoor wear, will be more favourably received during the autumn and winter in their new guise as indoor and evening slippers. Of course, coloured shoes should be worn with stockings of the same tint.

An outdoor shoe which has caught on, however, is the smart model of black patent leather, laced, or closed with three or four buttoned straps, with high, coloured heels. Red heels have been much favoured, the shoe laced with red silk to match. Some of these shoes are strapped with kid matching the heels, and this is specially smart in a stone-grey shoe strapped with brown or green.

The tunic skirt, it is hoped, will be revived this autumn. Previous efforts during the last three years to popularise the tunic have to a large degree failed, owing, no doubt, partly to the cost and partly to the fact that only tall slim figures look well in it. The cost is very decidedly augmented, as, if the tunic is long, it practically means a double skirt—a good dressmaker would not dream of only patching a lining skirt with material to cover the spots left open to view by the curves of the tunic.

Empire coats will still be in vogue during the coming season, and they form an agreeable contrast with the three-quarter close-fitting redingote which will be so much to the fore. Full length redingotes will be worn, of velvet, seal-plush or handsome cloth, with rich fur collar. Semi-fitting coats of the same type will be fur-lined for the cold weather. Our furriers have been paying a great deal of attention to these coats, some of which, elegantly fitted, will be carried out in the closer furs like seal or buffalo. Collars, of a contrasting fur, are large, but not too cape-like—the real cape looks a little dowdy on all but the smartest figures.

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SHEILAH'S SYMPHONY.

A BURST of melody sounded through the house, the notes coming from the lips of a young girl who had just entered, and whose pure, musical voice rang with very joyousness of feeling.

"Sheilah, Sheilah," called an old lady whose ears had caught the strains, and recognised the singer's voice.

"Yes, Grandma," replied Sheilah, opening the door of the drawing-room. "Do you want me?"

The old lady raised her eyes to the bright, rosy, smiling face framed in the doorway, as she said:—

"When you have removed your hat and cloak, come to me. I wish to speak to you about something important."

"Yes, Grandma," responded Sheila, with cheerful alacrity, and she ran lightly upstairs, singing as she went.

In a few moments she returned, and closing the door, crossed the room and drew up a low stool close to the chair in which her grandmother was seated.

The old lady studied her grand-daughter's face attentively. It was a clear, healthy face, characterised by a nervous sensitiveness which made it doubly attractive. As the girl's keen, brown eyes met the shortsighted, grey ones, and noted the grave expression depicted there, her lips set themselves in a somewhat severe line, and she waited patiently to hear what the "something important" should be.

"Sheila, you are getting quite a woman now," said her grandmother at length, "and it's time you thought of other things besides music. I am growing old, and may not be with you much longer, and I should like to see you comfortably settled before anything happens."

"Oh! Grandma," cried the girl, throwing her arms impulsively round the old lady's neck. "Why do you speak in that melancholy fashion? You may live for quite a long time yet."

Mrs. Lovatt gently unclasped the clinging arms, and reseating her grand-daughter on the stool, ran her fingers affectionately through the luxurious tresses of the girl's nut-brown hair.

She was silent a moment, and then said impressively:

"Sir Robert Delmar has been here. He brought a book for you."

She paused, removed her spectacles, and polished them carefully.

Sheilah grew strangely quiet as her grandmother spoke, and stared at the bright, glowing fire with unseeing eyes.

"He was disappointed at not finding you at home," she continued, "and he remained here for some considerable time in the hope that you would return, and, as was natural, we talked of you a great deal. He is very fond of you, Sheilah, as, of course, you must know."

Sheilah's mouth relaxed; she smiled, and the smile lit up her face rosily, and then suddenly faded, and her face grew white.

"Yes, Grandma," she said quietly.

"Although he has not spoken to you, he intends to do so at the first opportunity. He came here with that purpose to-day. He has my full consent and approval. What will your answer be, Sheilah? He will make you a good husband, and I am anxious to see you married. I told him that although you are a good girl, he must not expect to find in you that perfection which perhaps in after years you may attain to."

SHE . . . DREW UP A LOW STOOL CLOSE TO THE CHAIR WHERE HER GRANDMOTHER WAS SEATED.

A slightly hysterical laugh interrupted the rambling remarks of the old lady.

"Grandma," said Shelia, "Sir Robert has always been my friend, and has been more than kind to me; but I have no desire to put myself under his guidance—no, not even to attain perfection. It isn't in human nature to be perfect Grandma, and I've no wish to be. And besides," she went on quickly, "I can never, under any circumstances, consent to marry him. He is much older than I for one thing, and then—and then, I don't love him, and I won't marry a man I don't love."

"But I wish you to marry him; indeed, you cannot do otherwise. You must have encouraged his attentions, or he would not have allowed himself to think of you in this way. He is rich, and will be able to offer you a good home. I shall have no further anxiety regarding your future if you marry him, Sheilah, and I can die in peace."

Sheilah rose from her stool, her white, drawn face and tremulous lips indicating very plainly the state of her feelings.

"Let the matter drop now, Grandma," she pleaded. "I must think it out for myself, and we will speak of it another day."

Further conversation was interrupted by a maid bringing in the tea tray, and nothing more was said.

After tea Sheilah announced her intention of going to practice. She was passionately fond of music, and was a member of the local philharmonic and orchestral society, her

"I have been a subscriber for years and always find your journal so useful."—C. A.

splendid contralto voice making her an important personage in that assembly, and she rarely missed a practice if it was possible for her to attend.

As she walked towards the town her thoughts were busy with what her grandmother had said to her. Sheilah had a great affection for the old lady, and dreaded giving her pain. But to marry Sir Robert! Had she given him sufficient encouragement to lead him to suppose that his suit would be successful? Her face crimsoned at the thought, and then she recollected how she had taken all her little troubles to him, sure of receiving a patient hearing, and how he had counselled her, and with what infinite trust she had reposed in his advice. And she thought, too, of those many walks in the garden in the twilight, when she clung to his arm with childish confidence, and he gave her the scientific names of those beautiful flowers she loved so well, and tended so carefully. She had somewhat avoided him of late. And why? Sheilah knew, and as she thought of the reason she smiled.

There was a large attendance at the practice that night, for they were engaged on a rather ambitious programme, in which Sheila had several solos to sing. To-night, however, much to the professor's disappointment, she begged to be excused from singing her parts. Indeed, she was in such a tremulous state that she dared not trust her voice for fear of breaking down.

She took little interest in the proceedings, her thoughts being in such a whirl that she could not concentrate her attention on the music, except once, and that was when Guy Longstaff played his violin solo.

She watched him half fascinated. He played like one inspired. His bow swept over the strings, drawing forth sweet strains that seemed to find an echo in her heart. As he finished his eyes caught the rapt look on her face, and a sweet smile dispersed for a moment the usual sad expression on his countenance.

At the conclusion of the practice he joined Sheilah, who greeted him with outstretched hand, which he took in a warm, firm clasp. They left the hall together, and as they wended their way homewards he noted the trouble depicted in her face, and longed to take her in his arms and kiss her sweet, trembling lips. But how dared he think of doing such a thing, he reflected bitterly. For Guy Longstaff was a cripple. In his infancy he had met with an accident, owing to the carelessness of his nurse, and had never recovered from its effects. His strong, true face bore the marks of suffering, and he would continue to suffer while life should last.

She noticed his intense look as he glanced at her face again, and she hung down her head.

"What is troubling you, Sheilah?" he said gently.

Sheilah's voice was husky with tears as she confessed that she was worried, and then her face brightened.

"Let us go by the meadows instead of the road," she said as they reached the path leading to her favourite walk; and though this was a longer way round, and Guy could not walk without a great effort, he instantly turned across the fields, for the girl's lightest wish was law to him, and soon they were in the meadows, green with the vivid mantle of spring.

There she told him of what her grandmother had said, and Sir Robert Delmar's proposal.

As he listened his pale face grew paler, and the clearly-marked lines deeper, and unconsciously a deep sigh escaped him.

He walked along for some little distance in silence, struggling to master his emotions, then with a sad, brave smile, he said:—

"You do not seem to entertain this proposal with any amount of favour. Is it possible that there is someone whom you care for more than you care for this man, Sheilah?"

She was silent for so long that he stopped and looked up into her face and then caught a look in her eyes that made him catch his breath in astonishment.

She spoke no word, but the light that shone in her luminous, brown eyes was a sufficient answer to his question. He needed no other reply.

"But I am a cripple, dear," the words came haltingly. "I cannot chain your sweet young life to mine. And I am not a rich man, Sheilah; the fetters would become galling in the course of years."

"Do you wish me to do this thing?" she said.

"God knows," he answered brokenly.

"Then let me share your life, Guy"—her voice was full of deep and tender feeling—"for what are riches and position compared with—*love?* It is the only thing in this life worth living for."

The music from the feathered songsters sounded in harmonious refrain, and the little spring that rippled at their feet went laughingly on its way, and in its heart was a song.

The girl passed her arm round her lover's neck, and drew his face close to her own; and the world, with its trivialities and cares, faded from their eyes in that supreme moment which comes but once in a lifetime.

Her lips were close to his ear, and he heard her voice, like the sweetest of music, whisper:—

"Sheilah hath chosen that good part which shall not be taken away from her."

The birds hushed their song, the rippling of the stream seemed to die away, and there was silence in the meadows as the shadows fell.

SPANISH CREAM.—Put 1 quart of milk in a saucepan and make it hot. Dissolve ½oz of gelatine in water enough to cover it for about ten minutes. Beat the yolk of 4 eggs with 1½ teacupfuls of white sugar; add this, with the gelatine, to the hot milk, stir two or three minutes, then take off and let it be cool (but not *cold*), beat the white of the 4 eggs to a stiff froth, and beat up with the other mixture. Add a little almond or lemon flavouring and put into a mould.—Exmouth.

A HINT FOR THE HOUSEMAID.—When hanging short window curtains it will be found an excellent plan to invest in a few penny-worths of small staples. These, driven into woodwork or wall, hold rods firmly in place; and if tapes are used, they may be drawn through the staples and fixed so firmly that there is no chance of the "droop" which so often spoils the effect of otherwise nice windows.—Gaydon Fields.

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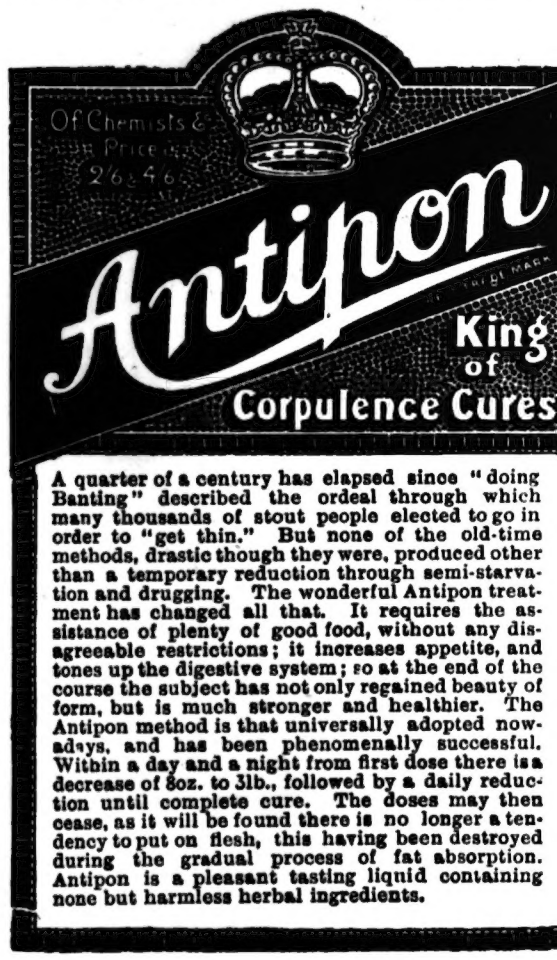

A quarter of a century has elapsed since "doing Banting" described the ordeal through which many thousands of stout people elected to go in order to "get thin." But none of the old-time methods, drastic though they were, produced other than a temporary reduction through semi-starvation and drugging. The wonderful Antipon treatment has changed all that. It requires the assistance of plenty of good food, without any disagreeable restrictions; it increases appetite, and tones up the digestive system; so at the end of the course the subject has not only regained beauty of form, but is much stronger and healthier. The Antipon method is that universally adopted nowadays, and has been phenomenally successful. Within a day and a night from first dose there is a decrease of 8oz. to 3lb., followed by a daily reduction until complete cure. The doses may then cease, as it will be found there is no longer a tendency to put on flesh, this having been destroyed during the gradual process of fat absorption. Antipon is a pleasant tasting liquid containing none but harmless herbal ingredients.

Colonial readers of MYRA'S JOURNAL will be gla know that Antipon is stocked by Wholesale Drugg in Australasia, South Africa, Canada, India, &c., may always be obtained by ordering through a l Chemist or Stores.

HINTS ON AUTUMN OUTFITTING.

(See page 12.)

THERE is still a noticeable trend toward simplicity in outfitting. Tucks and fluffy frills are used with discrimination on lingerie, while dressing-gowns are simple and elegant both in line and trimming. The simplest things in these days can be made to look charming, by a little ingenuity; the lace and embroidery *motifs* and the pretty *entredeux* through which to thread ribbons are all of so moderate a price that everybody can afford to have some sort of original trimming upon their underwear.

The silk petticoat is a necessity in the autumn outfit. If made conveniently long and of a neutral tint it will obviate the necessity of foundation skirts for ordinary unlined autumn skirts. The petticoat No. 6305 takes about 10 yards of 22-inch silk. It consists of five widths, fastening upon the left side in a plaquet, and the flounce can be a fixture; or, as is the fashion nowadays, several kinds of flounces can be made for the one top. One eased shaped flounce could be in the silk tucked to flat pattern. Another could be of full tucked net mounted on plain silk. One or more net or lace flounces mounted on moirette make an effective flounce. Or a wide flounce of lace or broderie anglaise could be used, mounted on the silk.

No. 6288.—Elegant Blouse of Silk and Lace.
For Description see Pages 30 to 34.
Price of Paper Patterns, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Of broderie the allowance would be 5 or 5½ yards. Flounce is headed by a ribbon-run embroidery, which is always an effective way of setting on a flounce.

No. 6301 shows a small but full camisole, which is used by the very thin woman for wearing beneath a transparent blouse. A yard of nainsook is sufficient for a small person, and the shoulder pieces can be made of embroidery or of ribbon. This same idea of using a wide *entredeux* threaded with ribbon, and ribbon shoulder straps, can be applied to an evening chemise of finest lawn, for which two and a half yards of material would be ample.

No. 6306 shows another pretty but easily-made chemise. The trimming, in this case, consists of three lace *motifs*, which are laid upon the material and tacked into place. The backing to each *motif* is then cut away and the edge of the lace is then sewn closely to the fabric, and if carefully done it will not pull away in the washing. Silk is a good material for an autumn chemise, or fine nun's veiling.

An admirable kimona dressing-gown for the autumn is sketched at No. 6303. It is capable of many variations, and looks exceedingly well in pale blue-patterned material with a bordering of rose pink, or white bordered with pale blue. The pattern is in three pieces, and is the very simplest form of wrapper to make. It takes about twelve yards of 31-inch material in its evolution. If the kimona is for a large person, the one-piece back is not to be recommended, and it should consist of three widths, so as to get a sufficient spring at the hem. A washing silk kimona is a delightful possession, always cool, and so easily freshened by a visit to the laundry. It occupies an inconsiderable space when travelling, and shakes out into shape after its temporary packing away, in a most obliging manner. The very cheap thin washing silks are, however, not to be recommended for a kimona. Shantung is an excellent material to choose, and a very pretty one results from a pale green Shantung bordered with white and embroidered with green washing silk. Our illustration shows the garment in blue cloth (for late autumn), bordered with black velvet.

No. 6287.—A Smart Tucked Blouse.
For Description see Pages 30 to 34.
Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 6304 shows a charming cashmere Empire gown, also suitable as a smart *négligé*, and this, too, admits of all sorts of schemes of development. Somewhat "Empire" in shape, it suits all kinds of figures; but those who are not of the slenderest build should always bear in mind that nothing is so unbecoming as a skimpy meagre wrapper of any sort. A dressing-gown requires just as much attention as regards its shapeliness as a gown, and I always think that a flounce is an excellent finish, as it completely does away with the possibility of skimpiness round the feet. 10 yards of cashmere will make the gown. The muslin collar and revers are bordered with a good washing Valenciennes lace. The flounce is set on with a frilled heading. The back of the gown is made on the same lines as those of the front. The embroidery through which the ribbon is threaded runs up to a mitre, and the lace-edged collar is carried into a point, the edge of the lace touching the insertion.

No. 6283.—Original Pleated Blouse.
For Description see Pages 30 to 34.
Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

The "mob-cap" has made a very successful reappearance, and is much worn with breakfast-gowns. It can be made with muslin frills, edged with narrow Mechlin or Valenciennes lace, or lace frills can be used, and a length of ribbon matching that threaded through the muslin gown is tied in a large bow in the centre of the front.

The nightdress, No. 6302, is a good model for white Viyella, trimmed with woollen torchon. 6 yards of Viyella are required for a good roomy gown.

"I find "Myra's a very useful journal, also very elegant."—S. B.

No. 6290 No. 6291 No. 6292

SMART VISITING GOWNS FOR THE EARLY AUTUMN.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Skirts, Foundation Skirts, Coat and Bodices, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 6293 No. 6294 No. 6295

No. 6296 No. 6297

SOME CHARMING BLOUSES FOR THE EARLY AUTUMN.

For Description see Pages 30 to 34.

Price of Paper Patterns, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E C.*

No. 6293 No. 6299 No. 6307

TYPICAL STYLES FOR THE EARLY AUTUMN.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Corselet and Tucked Skirts each, 1s. 0½*d.; Skirt, Foundation Skirts, or Coats, each* 6½*d., post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Nos. 6301 and 6302 No. 6303 No. 6304

No. 6305 No. 6306

SMART AUTUMN OUTFITTING.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Dressing Gowns, each 1s. 0½d.; *the other models, each* 6½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

A Word in Season.

At this time of the year it is difficult to find

TASTY AND NUTRITIOUS FOOD, which will furnish sufficient energy to combat the excessive heat-fatigue and not tax the digestion too severely.

PLASMON

is Nature's own food

(Thirty pints of milk make one Pound of PLASMON).

Therefore

PLASMON is better than meat.
PLASMON is cheaper than meat.

For Breakfast

PLASMON OATS
(do not heat the body).

For Lunch

PLASMON CUSTARD,
PLASMON BLANC MANGE.

For Supper

PLASMON BISCUITS.

SAMPLE OF BLANC MANGE AND CUSTARD POWDERS FREE FOR STAMP.

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The Choice

of a

New Dress

is a serious matter!

How can you make it satisfactorily in a crowded shop, where you may be persuaded to buy what the salesman is most anxious to sell?

Get Our Patterns

and give your mind to their quiet examination.

The result is sure to be satisfactory.

All goods are sent Carriage Paid to United Kingdom.

For Early Autumn

the leading lines are the beautiful
VENETIANS, AMAZONS, and FACED CLOTHS
in warm, rich colourings.
TWEEDS in great variety.
For EVENING WEAR see our Crepes de Chene, Voiles, Eolliennes, &c.
Always useful as well as smart are the celebrated B. B. SERGES in Black and Navy—30 qualities—to suit all purses.

BEST'S DRESS GOODS CO. (N Dept.) Manufacturers, **BRADFORD.**

Flannelette.

If purchasers of this useful material for underwear all the year round would buy the best English make, which can be obtained from all leading Drapers, they would avoid the risks they undoubtedly run with the inferior qualities of Flannelette.

Horrockses'

Flannelettes

(made by the manufacturers of the celebrated Longcloths, Twills and Sheetings)

are the best.

"HORROCKSES" stamped on selvedge every 5 yards.

HOW TO USE REMNANTS PICKED UP AT THE SALES.

(For Illustrations see this Page.)

WE are not always satisfied with the complete gowns which we buy at sales, because the large reductions very often mean some awkward tear or real soiling, or some peculiarity of shade or cut which makes the article as it is of little value; but the length of material can always be utilised.

Transparent fabrics, like gauze, net, tulle, chiffon, ninon, are always serviceable. Some idea how to use odds and ends of transparent fabrics are shown at No. 6307, they being utilised to renovate a princess gown of cream satin, the bodice of which had been spoiled by the coat sleeves of partners. This gown had a fairly fresh edge, because that part had been protected by a band of embroidered tulle; otherwise a cross-cut frill of the gauze or a lace flounce would have been necessary at the foot. A remnant of spotted gauze (6 yards, sold as two blouse lengths), supplied the overdress, which hides all deficiencies as to the satin underneath it; and some handsome medallion lace—a remnant of 5 yards, bought cheap—edged it. Had there been enough of this lace it would have looked very nice as a berthe, but failing enough a berthe was made of some lace flouncing of similar shade and style, this being topped by two frills of lace and a band of velvet ribbon. If there were enough gauze, that could be used instead of lace for the berthe. The open neck was filled in with gathered ninon (gauze would have looked as well, indeed better), and a lace collar, picked up for a trifle, crowned the whole.

Of course, in piecing together so many "oddments," some discrimination is required in selecting. All the laces used must harmonise in shade, and should either match fairly in style or be a total contrast. The collar, for instance, would have to match fairly the medallion lace round the overdress. The berthe could be of lace in a totally different style, but it should match the sleeve frill.

No. 6308 shows the result of a short length of lovely biscuit face cloth, and only three yards of piece Irish crochet. The cloth, (barely 4½ yards), by contriving, made a plain skirt in five gores, long enough for indoor wear. This was lined with leaf-green moirette. Fragments of the cloth provided the three straps, which were stitched on a shaped belt, which was then carefully boned. Three handsome green enamel buttons (picked up a bargain) suggested the number of the straps. This arrangement supplied an excellent corselet skirt. The lace went to supplying a short front, two short backs, and two short sleeve puffs, which were tacked on a green glacé slip. Tacking in place was necessary, as the lace barely goes beneath the belt edge. By way of decoration, rows of green velvet ribbon were passed through the holes of the lace design and tied in small bows in front.

The making up of a voile robe bought at a sale is shown at No. 6309. The young lady who purchased it being short, two extra tucks were run in the skirt above the lace inlets, which, of course, with the lower tucks, were part of the robe. The lace insertion not being very good, was not used as supplied for the bodice, the voile being gathered into a lace yoke-front which happened to match the lace on the skirt in tone and general style. This produced a far more handsome bodice than the rather poor insertion could have helped to form. The sleeve was prettily gathered on a lining, and was edged with a remnant of lace flouncing. An oddment of dark orange velvet ribbon formed the belt and the sleeve drapery.

No. 6307 No. 6308 No. 6309

PRETTY LOUNGE AND BRIDGE GOWNS DEVISED OUT OF SALE REMNANTS.

For Description see this Page.

Price of Paper Patterns, Overdress, 1s. 0½d.; Skirts, Foundation Skirts, or Blouses, each 6½d.; Strapped Belt, 3½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

"I thought I must write to tell you how very pleased I am with the skirt pattern you sent me."—E. H.

No. 6310 No. 6311 No. 6312

ARTISTIC TEA GOWNS FOR COUNTRY VISITS.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, each 2s. 0½d. post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 6813 No. 6814 No. 6815

ELEGANT TAILOR GOWNS FOR THE TRAVELLING OUTFIT.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Pleated Skirt, 1s. 0½d.; Skirts, Foundation Skirts, or Coats, each 6½d., post free of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 6316 No. 6317 No. 6318

No. 6319A No. 6319B No. 6320 No. 6321

EARLY AUTUMN COSTUMES FOR CHILDREN.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 6322 No. 6323 No. 6324

SMART TAILOR STYLES FOR THE EARLY AUTUMN.

For Descriptions see Pages 30 to 31.

Price of Paper Patterns, Corselet and Pleated Skirts, each 1*s.* 0½*d.; Skirts, Foundation Skirts, or Coat, each* 6*d., post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

HOUSEHOLD HINTS FOR THE THRIFTY.

(*For Illustrations, see Pages* 30 *and* 31.)

SINKING revenues—wages may have risen for the "working" class (when they can get work), but they certainly have not for the average middle-class wage earner—and dearth of servants have brought it about that modest young wives and the busy unmarried woman who is earning her own living, find themselves compelled to do their own housework, if such work is done at all. The growing preference for life in a flat (for all unencumbered with children) accentuates the necessity; for not only are servants hard to obtain, there is absolutely nowhere to lodge them.

There must be a special dress, and one neat, practical, and pretty enough to glory in should it be necessary to see people during working hours. I am not going to speak of a uniform for lady domestic workers in other people's homes; my remarks are for the woman at home, working at home. Is it likely that she will (I am writing of gentlewomen) wear out her walking dresses while at work, or is it likely that she will wear one dress for several months till it is too dirty and shabby to put on? This would rob the work of all its pleasure and dignity by introducing the very feeling of squalor against which she is presumably directing her efforts. The working gown must be washable, and experience suggests green linen as the fabric. Pretty prints could be used, but the lady housemaid will prefer something more original in the way of housemaid's wear. Green is a cool and beautiful colour; it washes well, and is somehow restful to wear. The gown must be simply made—nothing can be permitted that will tear. A blouse and skirt is unsatisfactory because it is never tidy behind. Therefore the idea of the housemaid's dress all in one is preferable. The illustration (No. 6343) on page 30 shows a tucked bodice set into a band, into which is sewn the slightly gored full skirt. The sleeves have two sets of buttons at the wrist—one holds the cuff loosely and the next quite tight. The sleeve can be undone altogether if bare arms feel more energetic. Nine yards of yard-wide linen will be required.

An apron is necessary, and white linen is nicest for this, and the simpler the better. A good one is shown at No. 6344 (page 30), taking 2½ yards of yard wide linen. This is for rough work, over the working dress. It is often necessary, however, to do cooking or a little housework in a nice frock, which must be further protected. For such an apron as this No. 6341, on page 27, should be studied.

No lady would think of sweeping and dusting with unprotected hair; the process is too unpleasant. It is a queer thing, but few are the servants who realise that the cap is worn to protect the hair; rather do they regard it as a "trade mark" or badge of servitude. But the educated woman knows better, and there is little doubt that the mob cap is the best. The model No. 6345 is made of spotted muslin, and is but a circular piece of material with a frill attached. A slot for the string or ribbon may be used to gather it up after washing, but a beading of insertion, through which the ribbon is run, is perhaps daintier. 1¼ yards of 29-inch muslin will make the cap.

A linen collar is neatest at the neck, though a green ribbon and tiny stock collar would do equally well. One cap should last a week; three aprons and two collars should last a tidy person for the same time, for I am sure that work done well by an educated mind would be much lightened. The lower the intelligence of the servant the grimier she gets over her work, and the reason is not far to seek.

Neat shoes, with a strap over the instep and low heels, should be kept for working in. The refreshment of the change to ordinary slippers and openwork stockings will be marked.

There are to-day many women who do their own housework either as a general rule or during one of those domestic upheavals which sometimes attack the bliss of the most careful housewife. There is, however, a vast difference in the way in which different women regard the question of housework. Some really enjoy it, some consider it menial and something to be ashamed of, while others moan and grizzle because they find it so hard and toilsome. There are many women of independent means striving to make ends meet on a tiny income who will not look the question of housework squarely in the face. There are many small houses which would be far better kept and happier places if the mistress did not content herself with "a little light dusting" and leave everything else to an ill-trained servant. If she boldly and gladly undertook the housemaid's place and trained "the girl" as cook, her house would be a very different place and herself a much healthier and happier woman. But there must be no pretence about it.

No. 6325 No. 6326 No. 6327

No. 6328 No. 6329

SMART AUTUMN MILLINERY.

For Descriptions see Pages 30 to 34.

"Being a dressmaker, I find your Journal most useful to me, and feel I do not like to be without it."—F. M.

Descriptions of the Free Patterns.

SMART WALKING SKIRT.

THIS well-cut model is in five gores, the front breadth having a graceful flow at the feet, accentuated by the lapped seams. The pattern is in three pieces; half the front, one side, one back. The lap of front and side seams is wheelmarked on front pattern, and is shown by the dotted lines on front and side in diagram.

The diagram shows the pattern pieces laid on 4 yards of 48-inch striped tweed, which is doubled in half (selvedges meeting), the front centre of front pattern laid along the fold so that it is cut in one piece, the other pieces being cut in duplicate. The half-width (the most economical method) is not wide enough to take the whole of back breadth, so that added corners must be seamed on at *a b*. It is not advisable to put an added corner if possible to avoid it, but this is a very small one, and can be wholly concealed by stitching the hem at sides and back.

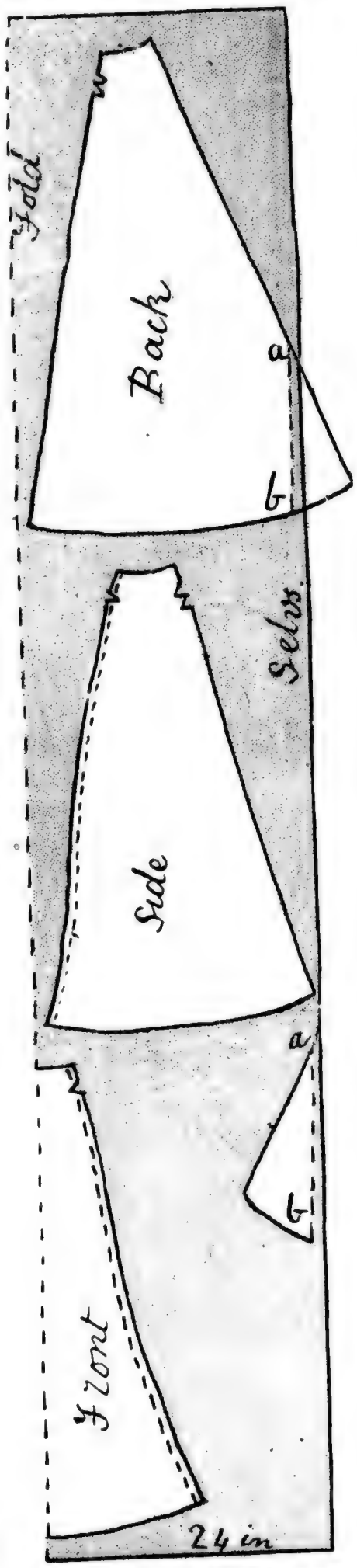

Diagram of Skirt Pattern.

A PLEATED SHIRT-BLOUSE.
For Description see this page.
The Cut-out Paper Pattern of this Blouse is Given Free with this Number.

Seam on the added corners and press the seams. Tack together backs, sides, and front (the back and side seams are not lapped). Try on, making the opening in the lapped left tablier seam. Stitch and press the seams. Cut a lining of fine linenette on the skirt pattern, correct to match the fitted skirt. Seam and press it. Tack it in place. Fell the lining over the opening edges, put on glove-stud skirt tapes, bind the top edge, and close with two hooks and eyes. Insert the pocket in the left opening. Turn up the skirt hem over the lining, and for sides and back, fell it over the lining in front, stitching it down firmly in several rows at sides and back.

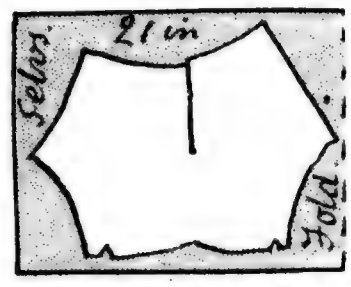

Diagram of Knickers Pattern.

The pattern of the smart little coat of striped tweed (to match the skirt) can be had, price 6½d., post free.

A PLEATED SHIRT BLOUSE.

The pattern is in five pieces: one sleeve, the pleated right front (cut with central box pleat), half the pleated back, half the band collar, one cuff.

The diagram shows the pieces of the blouse laid on 3¾ yards of 31-inch Viyella, which is opened out and double beneath the collar, front, cuff, and sleeve patterns, so that each is cut in duplicate. Left front is cut without

BOY'S FIRST KNICKERBOCKERS.
For Description see Page 21.
The Cut-out Paper Pattern of these Knickerbockers is Given Free with this Number.

"I never miss a chance of recommending 'Myra's Journal,' as I think it a treasure."—Mrs. M., Carmarthen.

box pleat. Above, the single material is folded over to receive the back, so that the back is cut in a single piece.

Arrange and stitch down the pleats of fronts and back, these pleats being wheel-marked on the pattern. Tack together

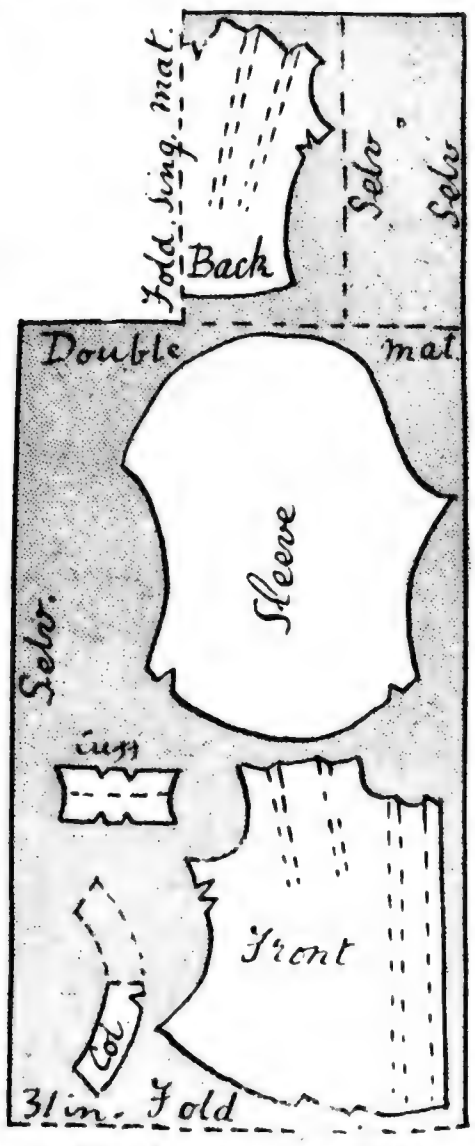

Diagram of Blouse Pattern.

fronts and back, try on, stitch the seams (run-and-fell seams). Cut slots in box-pleat and work them in satin stitch, to hold the ends of the ribbon stock, or ribbon can be held by stitched straps of linen held with buttons. Close with buttonholes worked in a band stitched beneath box-pleat. The buttons are sewn down the hem of left front. Hem the lower edge of basque. Line the band collar with its duplicate and stitch on neck, closing it with hooks and eyes. It is covered with the ribbon stock, the top edge protected by a little French collar of hem-stitched batiste.

Seam the sleeve. Slit sleeve for an opening. Hem the opening, and gather the sleeve into the doubled cuff, which closes with hooks and eyes or with a button.

TUCKED LOWER-SLEEVE.

Such sleeves as this are very much required to replace long gloves and fill in the very short sleeves we have lately been wearing. Pattern is cut so that sleeve goes well over the elbow, to reach inside the elbow sleeves of our silk, velvet, or voile day-gowns. Everybody has a day-gown or two with these elbow sleeves, which are so smart, but are so unbecoming to the average forearm.

The pattern is in two pieces—the upper and the under sleeve. The model illustrated is of tucked net, striped diagonally with lace, the end (coming well over the hand as to the pointed upper) edged with very narrow lace insertion. The top could be hemmed to hold an elastic runner, which would avoid tacking the sleeve into the edge of the dress sleeve. The seams must be very small and neat, and the whole sleeve should be carefully fitted (but not tightly) before seaming.

The diagram shows the two pattern pieces laid on 1 yard of 27-inch net, bought ready tucked. The pieces are laid on the cross, so

SMART WALKING SKIRT.
For Description see Page 20.
The Cut-out Paper Pattern of this Skirt is Given Free with this Number.

that tucks come diagonally. In cutting the sleeve pieces see that the tucks meet at the seams. The tucked material should be cut away beneath the lace stripes.

It takes less material, but is more complicated to make up the pieces to flat pattern, alternately using lace and strips of tucked net or muslin.

BOY'S FIRST KNICKERBOCKERS.

These are to wear with a tunic for the first suit—when frocks are just discarded. The pattern, cut for a boy of two-three years

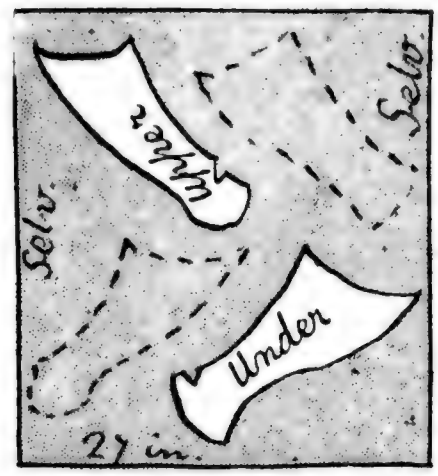

Diagram of Sleeve Pattern.

is in one piece: half the knickerbockers. The sides are slit for openings, and the little garment should button on to the little fellow's stays, and be worn over his combination. Only the top and the slits are lined, to strengthen those parts and to hold the buttonholes at the top, the buttons and buttonholes of the slits.

The diagram shows the pattern laid on ½ yard of 42-inch serge, which is folded over (selvedges meeting) so that the piece is cut in duplicate. The two halves are seamed together, back and front. The seams should

TUCKED LOWER SLEEVE.
For Description see this Page.
The Cut-out Paper Pattern of this Sleeve is Given Free with this Number.

be bound (open) to avoid rough edges. The edges at the knee are simply hemmed. The top and slits should be lined with linen, as nothing better supports the buttonholes.

Madame Myra, 10 and 11, Fetter Lane, E.C., will cut to measure the pattern of any dress or mantle illustration sent to her for 1s. 6½d. (plain skirt or bodice, or *short* coat). Pleated or tucked styles cost according to complication; of a princess or Empire gown the pattern would cost from 2s. 6½d. post free

"My sisters . . . have recommended me to try your patterns as being so satisfactory in every respect."—A. M. R.

No. 6330 No. 6331 No. 6332 No. 6333

TAILOR FROCKS FOR EARLY AUTUMN, F

For Descriptio

Price of Paper Patterns, Corselet, Tucked and Pleated Skirts, each 1s. 0½d.; *Skirts, Four*

No. 6883 No. 6884 No. 6885 No. 6886

OKS FOR EARLY AUTUMN, FOR TOWN AND DRESSY COUNTRY WEAR.

For Descriptions see Pages 30 to 34.

kel and Pleated Skirts, each 1s. 0½d.; *Skirts, Foundation Skirts, or Coats, each* 6½d., *post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

EMPLOYMENTS.

THE LADY CHEMIST.

I HAVE been staying in a village where the one and only chemist was of the female persuasion, and as this girl managed to make quite a comfortable living out of her nicely-appointed little shop, it occurred to me that such work would suit many women, who, while possessed of brains and some capital, cannot decide what career to follow. Fairly good physique and intelligence quite up to the averag are essential, and also the ability to pass examinations.

TRAINING.

Apprenticeship for three years to a qualified chemist, either in a shop or in the dispensary of some institution, is necessary. If it is desired to study under a lady chemist names and addresses will be supplied by the Secretary of the Medical School for Women, 8, Hunter Street, W.C.; or of the Pharmaceutical Society, 17, Bloomsbury Square, W.C. Sometimes the chemist to whom the pupil is indentured is able to prepare her for the qualifying examination without the extra expenditure of college fees—usually about £20 or £30.

The premium required is usually from £50 to £80. The examinations comprise the preliminary, which must include Latin, English, arithmetic, algebra, Euclid, and a modern foreign language. Certain examinations are accepted in lieu of this, a list of which can be obtained from the Secretary, 17, Bloomsbury Square, W.C. It can be—and very possibly has been—included in the girls' school curriculum.

Then there is the "Minor" Pharmaceutical or qualifying examination, which is held at 17, Bloomsbury Square four times a year. The fee is £10 10s., and the candidate must show her birth certificate, proving herself to be twenty-one years of age, and also a filled-in formtes tifying that she has spent three years in practical dispensing. This "Minor" examination includes practical and theoretical pharmacy, practical and theoretical chemistry, botany, with microscopy, Latin, and pharmacology. It is not easy, but at the same time it should not present any great difficulties to the girl who has studied diligently for three years. A few months laboratory practice at a good school of pharmacy (there is one belonging to the Pharmaceutical Society) at the end of—or after—the apprenticeship would, very probably, be of great use.

Having passed her "Minor" examination, she is entitled to call herself chemist and druggist, but if she is anxious to qualify for some of the better posts in pharmacy, she can take the "Major" examination after a few months. This, however, is exceedingly difficult.

OPENINGS.

There are openings for ladies as dispensers to large institutions, when the salary may be anything from £80 to £150 per annum, with or without board, and of assistants from £40 to £60. There is some opening for ladies as dispensers to doctors, and the laboratories of wholesale houses also provide employment for them.

Provided she has some capital there is nothing to prevent a woman chemist starting a successful business on her own account, as indeed in the case I quoted at the beginning of my article; but in such a case it is absolutely essential that she should have business ability, good manners, and a genuine love of her work. There is now an Association of Women Pharmacists, which is confined to women who hold the major or minor certificate of the Pharmaceutical Society. The annual subscription to the Association is 5s. to members of the Pharmaceutical Society, and 10s. 6d. to non-members. One of the most important tasks to which this Association has devoted itself is the finding of suitable employment for women chemists, and when possible it acts as a medium of intercourse between those who require workers and those who want employment. Full particulars may be obtained of the Hon. Secs., Gordon Hall, Gordon Square, W.C.

No. 6338.—Autumn Gown with Corselet Skirt.

For Description See Pages 30 to 34.

Price of Paper Pattern, Skirt, 1s. 6½d.; Coat, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

FREE REGISTER.

Will correspondents kindly note that notices for re-insertion must either be cut out of this list, or copied on one side of a separate sheet of paper. In every case the Register number must be put at the top left-hand corner.

No. 408.—Ladies' and children's underlinen made, hand or machine. Fine work. Trousseaux and layettes undertaken. Recommended.

No. 440.—Wanted, dressmaker. Some experience. High-class trade. Regular employment.

No. 441.—Wanted, capable assistant dressmaker at once. (Maida Vale.)

No. 442.—Dressmaker. Lingerie. Children's work a specialty. (Shepherd's Bush.)

ANSWERS TO CORRESPONDENTS.

Address of 372 (M. G.).—I sent you this address, and I should be glad to know if you employed my correspondent.

Water-Colour Drawings (E. B. E.).—Yes, I am always delighted to help my correspondents, but what you want is, I fear, very difficult to obtain. In fact, I know personally talented artists who can find no market for their pictures. As you live in a lovely part of the world, much resorted to by tourists, why not make sketches of some of the most charming "bits" and offer them for sale at very reasonable prices—say 10s. 6d. or 15s.? I often think artists—especially, of course, those who have still their

A Lady writes from Bury:—"Your paper is so practical and up-to-date in every way."

name to make—are mistaken in putting their prices too high. It is better to sell cheaply and get known than to remain in dignified—and penniless—obscurity. Do you know the Society of Women Artists (Sec., Miss F. Partridge, 9, Nottingham Place, W.)? Watch the notices of the various art sales and exhibitions that appear in such papers as the "Studio," the "Artist," the "Athenæum," &c. Still, I hope you will take my advice and try and sell some cheap sketches. The following societies might be of use to you:—The Royal Society of British Artists, Suffolk Street, Pall Mall East; Royal Society of Painters in Water Colours, 5A, Pall Mall East, S.W.; Society for the Promotion of Art (Hon. Sec., Miss Todd, 2, Connaught Square, Hyde Park, W.); Royal Institute of Painters in Water Colours, 191, Piccadilly.

GOOD DRESSMAKER WANTED (J. H.).—I sent you the names and addresses of several working dressmakers on my Register, and I should be glad to know whom you employed, and your opinion of her work.

LINGERIE MADE (Rosebud).—For re-insertion of your notice you must send me the original printed notice from the Register. Your number is 386, and provided you do this it will appear regularly. I will recommend you where I can, but I have others on my list, and I must be impartial. I have given your name to various correspondents at different times.

DRESSMAKER WANTED (F. J. B.).—For a private reply sixpennyworth of stamps and a stamped envelope must be enclosed. I have several dressmakers who could do the work you want if you would kindly do as I suggest. I am glad to hear that you like MYRA so much, and that you are a regular subscriber.

DRESSMAKER WANTED (W. F. P.).—I am putting a notice for you in my Register, but I fear really reliable hands are scarce. Still, at this season of the year, you might have a better chance. You will see the only conditions on which I send a private reply. I am glad to hear that MYRA is a favourite with you.

DRESSMAKER (Thérèse).—Thank you for your letter telling of the various correspondents who have been recommended to you through this journal. I am glad to hear that you have done so well, and trust your success may continue. I am putting you on my Register.

DRESSMAKER WANTED (B. W.).—I sent you the names and addresses of all the likely people on my Register, and I trust you were able to come to an arrangement with one of them. Really capable assistants are scarce. I congratulate you on your enterprise, and trust you may have great success. I am certain that there is a splendid opening for really capable dressmakers who charge moderate prices in London. I am putting a notice for you in my Register in case you have not arranged with anyone, and I should be glad if you would let me know.

LETTERS FOR 426.—I have forwarded letters from H. Laine and A. Thérèse to No. 426, and should be glad to know if she has come to any arrangement with them. I also gave her address to another lady who wanted an assistant, and this seemed to be a particularly promising venture.

LINGERIE MADE (E. A. G.).—Certainly I will do all I can for you, and am inserting your notice. I am sure from what you say that your work is highly satisfactory.

NOTE.—All letters should be sent to Miss Winifred Jones. Correspondents are especially requested to observe this, as otherwise delay inevitably occurs.

Letters requiring a private reply must enclose a stamped envelope and twelve halfpenny stamps.

No. 6339.—A PLEATED CORSELET SKIRT.
For Description see Pages 30 to 34.
Price of Paper Patterns, Skirt, 1s. 6½d.; Foundation Skirt or Blouse, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Personal Appearance.

HOW TO MAKE IT MORE ATTRACTIVE.

BY MISTRESS ANNE PAGE.

CHAPTER VI.

MASSAGE OF THE FIGURE BELOW THE WAIST.

Hips that are too large to be in beautiful proportion to the rest of the figure will need more severe treatment to reduce them than did the over-large bust of which I spoke last month. The massage in this case will be more effectual, and its results will be more permanent if it is done with a special roller (really a series of rollers on a central revolving bar with ivory handles) invented for this purpose by Mr. O. E. Horn (a Doctor of Science from the Berlin Skin Hospital) who will send it post free to any of our readers for 10s. 6d. from 43, Parkwood Road, Bournemouth.

If this roller is used for five minutes, night and morning, in accordance with Dr. Horn's directions, a diminution in both hips and abdomen will soon be manifest, and in cases where, in addition to over stoutness, gout or muscular rheumatism is present, instant relief will be felt. Constipation, the great foe to those inclined to over-stoutness, is invariably obviated by the use, daily, of this roller.

But where even the expense of so useful an apparatus as this cannot be borne, massage can yet be managed. The sufferer from over-stoutness on hips and abdomen, should lie on a couch (or on her bed), put her knees up as closely as possible to her nose, then place her left hand on her left side, with the thumb pointing towards the front, and all the fingers stretched in the direction of the spine, and use her right hand, tightly doubled into a fist, as for bread making, to knead her hips and her abdomen, working up from the right hip, across the top of the abdomen, under the last ribs that can be felt, down to the left groin and over the left hip. In doing this massage the fingers should be kept wet continually with an astringent lotion composed of two parts of hazeline well beaten up with one part of olive oil.

The next manipulation, with fingers similarly lubricated, is a reflex one, in which again the thumb rests on the hips, while the fingers play on the abdomen with deep pressure, performing circular movements.

(To be continued.)

Beckenham, Kent—"I have been a subscriber for seventeen years and think that your fashions are the best."—K. N.

Practical Dressmaking for Home Workers.

A SMART BLOUSE FOR THE TRAVELLING OUTFIT.

THE pattern is in ten pieces: four for lining (half the back, one front side, half the front panel, one sleeve); one for plain muslin or fine lawn (half the collar, the material being draped to flat pattern and supported with small bones); five for the 29-inch mousseline de laine (one front, half the back, two sleeve puffs, the sleeve frill). The diagram for lining shows the pattern pieces laid on 1⅞ yards 29-inch batiste, which is opened out and is double beneath back and front pattern, so that each is cut in duplicate. A seam down the lining back is immaterial. On the single lining is marked out the second sleeve. The diagram for material shows the pattern pieces laid on 3½ yards 29-inch mousseline de laine, which is opened out and is double beneath sleeve pattern, so that puffs and frill are cut in duplicate. The single material is folded over (selvedges meeting), the back centre of back pattern laid on the fold, so that it is cut in a single piece, the front being cut in duplicate.

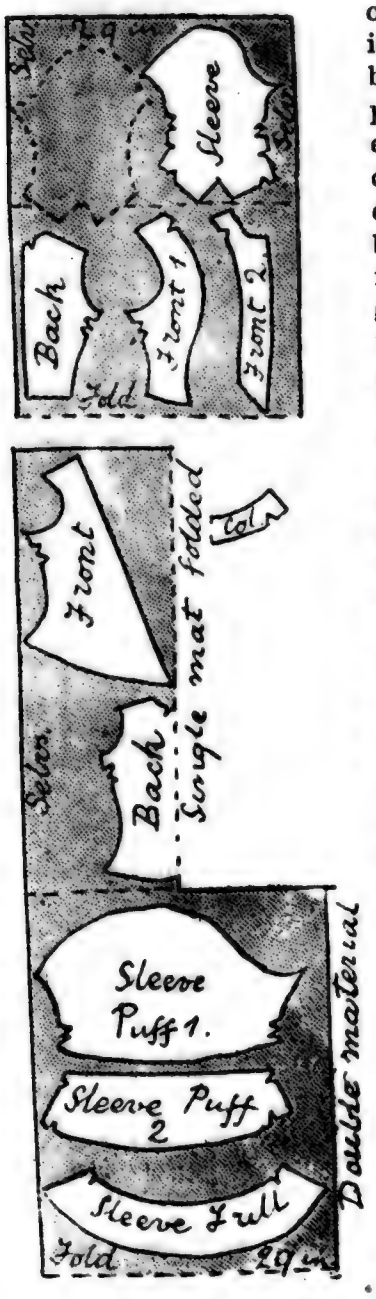

DIAGRAM OF BLOUSE PATTERN.

Tack together the backs and fronts of lining according to the notches; try on; stitch and press the seams, making the opening in the left single-notch seam. Have the shoulder and double-notch seam merely tacked. Unpick these tacked seams. Arrange on the front panel a full vest of the collar material, gathering it beneath rows of lace insertion. Arrange in place the back and two fronts. Try on again, and finish the seam. Arrange lace insertion and edging down the fronts and round the neck. Put on the collar. Put on the hooks and worked loops which close the blouse. Hem the basque.

Tack the sleeve lining and try on. Seam the back dart. Arrange the two puffs and the frill on the lining according to the notches. Put on the lace straps, and sew the inner seam. Pin the sleeve in place on the wearer, and stitch in. A lace frill is sewn inside the hemmed mousseline frill.

WEEK-END COTTAGE APRON.

New wants create new necessities. The tendency of the day is to desert the commodious house, the handsome flat, and to fly for "the simple life" every week-end to some most incommodious country cottage, where there is no room for the children and certainly no room for servants. Young housekeepers of some means imagine they like it, though the "rest" tells most heavily on them, as the absence of the usual "staff" necessitates the mistress turning cook-housemaid. She may only just enter daily the kitchen at home, and only do the lightest of dusting; but here in the country she has to cook the breakfast and ply the broom and brush with vigour. The "week-end cottage" apron thus has become a necessity. It must be large (to save the pretty frock, as we must not overburden ourselves with luggage) and it must not be unsightly. The wife of the impecunious middle-class man, who finds it more convenient in these days to do her own work in small house or flat, will find this apron invaluable.

It looks very nice (and soils less) in blue, blue cotton spotted with white, when it will cost a mere trifle. The pattern is in six pieces: half the front, half the front yoke, one back, one back yoke, one sleeve, one cuff. The diagram shows the pattern pieces laid on 7 yards of 29-inch cotton, which is doubled (selvedges meeting), the front centres of front and front yoke laid along the fold so that each is cut in a single piece. The material not being wide enough for complete front, added corners have to be seamed up the selvedges at *a b* (design of cotton made to meet). Material is opened out and is double beneath sleeve and back patterns, so that each piece is cut in duplicate.

Tack and fit the yoke, seam it. Line and edge with a cross-cut hemmed frill of cotton

No. 6340.—A SMART BLOUSE FOR THE TRAVELLING OUTFIT.

For Description see this page.

Price of Paper Pattern, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

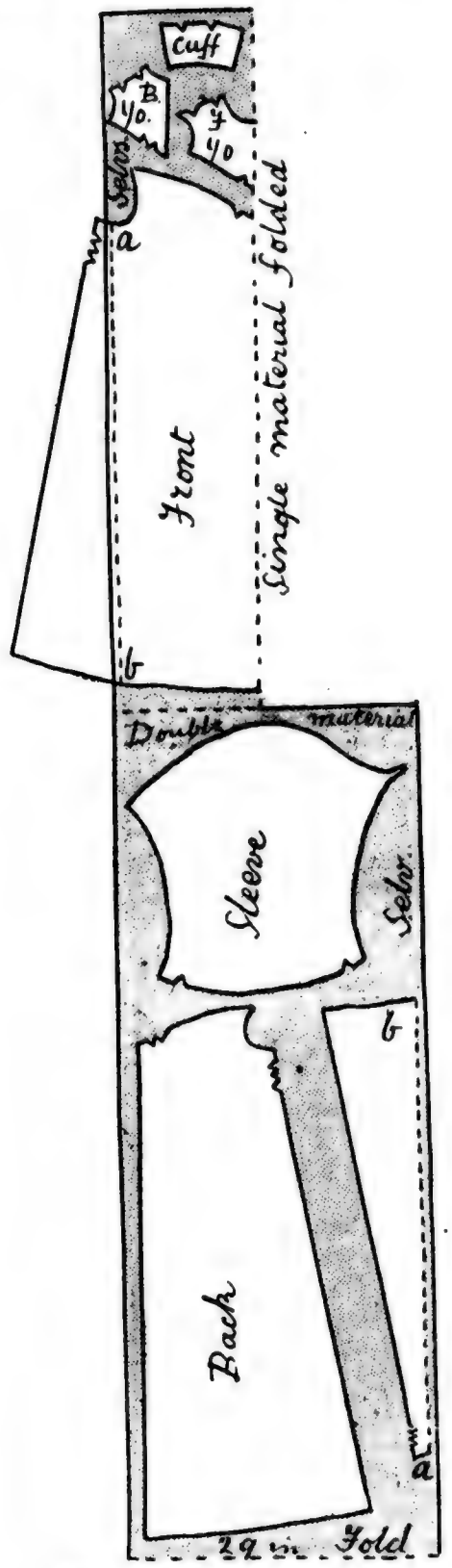

DIAGRAM OF APRON PATTERN.

Miss S. B. writes:—"I have found the competitions very interesting, and am more than delighted with my prize."

(allow an extra ¾ yard for yoke and cuff frills). Seam together backs and fronts, gather into the yoke. Hem the backs; put on pearl buttons and make buttonholes down the right back's hem as far as the waist. Hem the lower edge. The neck is edged with a frill. Seam the sleeve; gather it into the seamed, frill edged, and lined cuff. Gather the top into the armhole, stitch it in, and bind the seam.

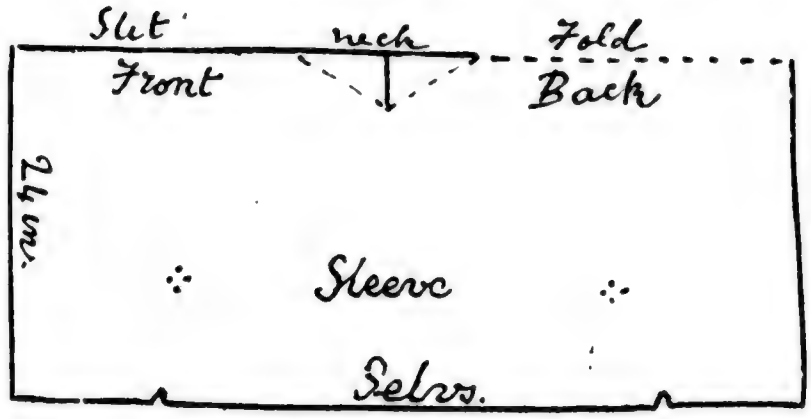

Diagram of Dressing-Jacket Pattern.

For artists who do not mind a larger expense, this apron looks excellent in Harris's 2-yard wide linen (taking 3 yards), the yoke and cuff embroidered in Harris's Flax Threads instead of being trimmed with frills.

No 6341.—A Week End Cottage Apron.

For Description see Page 26.

Price of Paper Pattern, 1s. 0½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

THE HANDKERCHIEF DRESSING JACKET.

Cut in a single piece out of 48-inch material, this capital model folds into a neat small square, and is invaluable for the travelling outfit. The material is folded (selvedges meeting), the part for the front edges and neck being slit. Another slit supplies the neck opening and the four little collar revers. The sleeve is formed by sewing pearl buttons and corresponding worked loops (or buttonholes) at the notches. The collar revers are faced with lace. The selvedges and front slits are hemmed, and are trimmed with a band of lace insertion. Any double-width material can be used, or single material (two widths seamed up the back centre). 1½ yards of 48-inch material is enough for the length illustrated.

It is *most* important, for appearance and convenience, that the slits for neck, &c., also the notches for buttons and loops (for sleeves) should be exactly in the right place.

MYRA'S PAPER PATTERNS.

Madame Myra, 10 and 11, Fetter Lane, E.C., will cut to measure the pattern of any dress or mantle illustration sent to her for 1s. 6½d. (plain skirt or bodice, or short coat). Pleated or tucked styles cost according to complications; of a Princess or Empire gown the pattern would cost from 2s. 6½d., post free.

REVIEWS.

"Abroad" is an excellent guide-book for American travellers in and to Great Britain, packed with valuable information as to routes, luggage, customs, hotels, museums, galleries, places of amusement, &c. The book is brought up to date every year, and this is the sixteenth year of issue. The price is only 6d. It is published at the offices of "America Abroad," 8 and 9, Essex Street, Strand, W.C.

The traveller will find his journey much lightened if he purchases a copy of "Harper's Magazine," which is filled with interesting stories and articles, beautifully illustrated.

No. 6342.—The Handkerchief Dressing Jacket.

For Description see this Page.

Price of Paper Pattern, 6½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

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"Wishing your splendid journal every success."—C. A.

Cookery and Household Management.

SOME SIMPLY-MADE CAKES FOR AFTERNOON TEA.

RICH, heavy cakes, of wedding cake description, are not, in ordinary houses, for every-day consumption. The desideratum is rather simply-made cakes, which tax little the resources, and still less the digestion, of those who eat them. Home-made cakes are always liked—when they are good—and there is no reason in the world why they should not be excellent.

It is often argued that they are expensive and unsatisfactory; but that is quite a mistake. If the materials and the making are equally good, the result should be good value for money expended, and that is surely all that can be expected.

The amateur must, if she wishes the simplest and most amenable foundation for a variety of cakes, make herself mistress of what is called "Genoese cake" and "Sandwich cake," and many other fine names, all meaning one and the same mixture.

This lends itself to infinite varieties of colouring and flavour, presenting a good field for the enterprise of even an experienced cake-maker.

To achieve it, have the materials at hand. These are eggs, flour, sifted sugar, baking powder, and lemon essence.

Have a baking board, a mixing basin, a wooden spoon, a small basin and a fork (for beating up the eggs), and a tin, or tins, in which to bake the cake.

For the filling will be needed various things, to be collected according to occasion; but let me beg of cake-makers that they decide before beginning work what flavour they mean to use, and what colour (if any) is to be added. There will then be no loss of time when the cake is to be finished off.

The ordinary foundation is the weight of 2 eggs, in sifted sugar, butter, and flour. The butter and sugar are first beaten to a cream—with the hand or with a fork. Then the eggs must be well whipped and added, and the mixture again beaten thoroughly. At this stage a few drops of lemon essence must be carefully beaten in—not to make a decided lemon flavour, but to prevent insipidity—a much better plan than the usual one of adding salt.

When all has been thoroughly incorporated, the flour, previously dried and sifted, and mixed with a teaspoonful of baking powder, must be gently folded in, beating as little as possible. All is now ready for baking. The mixture must be divided into two, three, or four portions, and each portion placed in a well-buttered, round, shallow tin, with a movable bottom, and placed in a moderate oven, when 15 to 20 minutes' baking should turn the raw material into delicious layers of spongy, light-textured cake.

When the layers are cooked, the ingenuity of the cake-maker will desire endless varieties from this simple foundation, some of which I give below.

Apricot Cake.—Place apricot jam, slightly diluted with liqueur, between two of three layers; pile them all up, and brush the topmost over with white of egg. Have 6 ounces of sifted icing sugar in a soup plate. Colour it lightly with saffron, and mix it to a spreadable consistency with water flavoured with apricot kernel essence. Pour all on to the middle of the cake, spread it over the top and sides, using a wet knife. Ornament with crystallised apricots and angelica.

Raspberry Cake.—Proceed as above, substituting essence of raspberry jam and carmine colouring for those previously named. Colour the icing pink, and ornament with violet petals, silver comfits, and frilled pieces of angelica.

Strawberry Cake.—Spread the layers with strawberry jam and a little chopped almond. Ice with white icing; ornament with whole strawberries, either fresh or from strawberry jam, and chopped pistachio nuts.

Walnut Cake.—Spread with Devonshire cream and crushed walnuts. Flavour the icing with almond, and ornament with half-walnuts and crystallised fruits.

Coffee Cake.—Colour one layer with dark coffee essence, and leave two others plain. Fill with cream, whipped, sweetened and coloured and flavoured with coffee. Ice with coffee icing, i.e., sugar moistened with hot coffee, well beaten and spread over the cake. Ornament with orange peel in thin slices, angelica, almonds, and cherries.

Ginger Cake.—Filling, cream, beaten stiffly and flavoured by chopped ginger and a little ginger syrup. Ornament with icing coloured green, and pieces of ginger and chopped almond or pistachio nuts.

A Cream Filling for Cakes.—1 dessertspoonful of cornflour, 3oz white sugar, the yolk of 1 egg, 1 teaspoonful of flavouring essence, and ½ a teacupful of cold milk. Mix the cornflour with the milk, add the sugar, and stir in a pan over the fire till it thickens. When cool, add the well-beaten yolk of egg and the flavouring, and allow to cool. This is better made the day before it is wanted.

Devonshire cream is an excellent filling, though rather rich for some palates.

A stiffly-made meringue of white of egg and sugar is also permissible, and a chocolate icing or cream filling flavoured with chocolate is also very nice indeed.

Sometimes the layers are made in long, oblong, or square tins, so that when filled small cakes may be stamped out, and decorated and filled according to taste.

There is no difficulty whatever in any of the simple variations suggested to-day. More elaborate cakes may, it is true, be made, and for such recipes will be given in correspondence, the only requisite being that correspondents name the occasion for which they are intended, so that suitable recipes may be sent or printed.

Several correspondents having mourned over delay in seeing their answers in Myra (this is inevitable in a monthly paper), I must remind them that postal replies may always be had if a stamped and addressed envelope be enclosed, and six penny stamps.

Letitia Hope.

THE CLAIM OF MALTED MILK is the claim of an universal food with which there is nothing to compare in any market of the world. It is the only complete milk food, and is equally serviceable at home and abroad. It appeals to all ages and conditions of life. It is an ideal diet for growing children, and milk in its best form for all invalids and delicate children. Of all chemists, 1s. 6d. and 2s. 6d. per bottle. Free samples sent for two stamps, to cover postage, by Horlick's Food Company, 34, Farringdon Road, London, E.C.

ABSURD NOTIONS ABOUT SUPPER.

One wonders how long people will dispute over the wisdom of taking supper, or going to bed without it. It is just as true that to go to bed fasting is as much a cause of sleeplessness, as that a heavy supper induces restlessness and a sort of sodden slumber from which one awakens quite unrefreshed. Healthy people very naturally require some slight nourishment, and common sense suggests that it is better to satisfy the appetite with something light and digestible, than to upset the system with a too "solid" supper, or by taking none at all. A glass of hot milk or chocolate and (according to Sir Francis Laking) some Currant Bread, eaten about thirty minutes before going to bed, is both sufficient and entirely suitable. The King's physician says that Currants contain more brain and body building properties than almost any other food, and he strongly advises that plenty of these little dried grapes should be used daily. We anticipate that the intelligent housewife will readily appreciate the remark-food value of Currants, and it is easy to foretell that to adults and children alike, Currant Bread will be as welcome as it is nutritious and wholesome.

We have been able to discover a real old-fashioned currant recipe which we think will be both new and acceptable to our readers:—

QUEEN ANNE'S BISCUITS.

Half a pound of flour well dried, quarter of a pound of fine sugar powdered and sifted, half a pound of currants, well washed and picked, and four ounces of butter. Rub the butter into the flour, then mix in the sugar and currants; add ten spoonfuls of cream, the yolks of three eggs, one-third of a banana beaten to a paste, and a little mace finely pounded. When the mixture is well worked up, set it in a dish before the fire till it becomes thoroughly warm. Make it up into cakes, prick them full of holes on the top, place them on a well buttered tin, and bake in a quick oven.

ANSWERS TO CORRESPONDENTS.

Remnants of Duck.—You can make a delicious dish of these, if you break up the carcase of the duck and make stock from it—warm any remains of duck in the gravy thus obtained. Make all remains of stuffing into little balls, and fry them in hot fat, and garnish the dish with them. Remember that duck stock is very fat, and should be made so that the fat rises overnight to be skimmed off in the morning. It is want of attention to this which makes ignorant people waste the bones of ducks as "too rich."—Gloria.

"Milk Soup."—I think the soup you ask for is this: Boil 1 quart of milk with 1 oz. of butter, a seasoning of pepper and salt, and ½lb. each of potatoes and turnips. When the vegetables are soft rub through a sieve, return to the pan, and simmer 40 minutes. Add half a gill of cream at the last moment, and do not *boil* after the cream has been put in.—Rosamond.

Caramel Custard Puddings. — Melt two ounces of lump sugar in a pan, let it brown, then add two tablespoonfuls of cold water; boil until a nice light brown, then coat thoroughly six small moulds with it. Fill then with a custard prepared as follows: Boil half a pint of milk, add a tablespoonful of castor sugar, a little vanilla essence, or any preferred. When cool, pour it on to the yolks of three eggs, which have been beaten, and the whipped white of one. Fill the moulds, and steam fifteen to twenty minutes. Serve cold or hot as preferred.—"Ipswich."

"I think Myra' better than ever."—J. D.

Prize Recipes and Household Hints.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay, and often causes the competing papers to reach Mrs. Hope too late for the Competition. Competitors must write their recipes or hints each on a separate sheet, and must put *their name and address* on each.

Mrs. Hope wishes it to be understood that she cannot enter into correspondence with regard to the Hints and Recipes Competitions.

She must further remind competitors that efforts which are not accompanied by a coupon are not considered at all, and that names and addresses of *prize winners* are always printed. All efforts are welcomed, but the rules must be kept, and competitors who write "please do not publish my address" must not expect to gain prizes

PRIZE COOKERY RECIPES.

A prize of 2s. 6d. has been awarded for each of the four following Cookery Hints:—

BLACK CURRANT JAM.—To every 4lb of black currants allow 1 pint of rhubarb juice. This prevents the black currants becoming dry and hard, and makes a most delicious preserve. — Miss MCKENNA, Queen Victoria Villas, Balmoral, Belfast.

SEVILLE CREAM SPONGE.—Beat well two eggs with two tablespoonfuls of castor sugar; add 1 ounce of warmed butter, and mix well; stir in nearly 4 ounces of flour, together with a little baking powder; mix well again; turn into a greased sandwich-tin, and bake in a good oven. Turn on to a wire sieve when done to cool. When cold place on a round glass dish and moisten it well with orange wine, scatter over the surface some finely-chopped almonds, and cover with a layer of whipped cream, slightly flavouring with vanilla. Surround with a border of orange jelly (one of Chivers's packets will do) made in the usual way, poured round when semi-liquid. Set on ice till required.—Miss BEDFORD, 12, Priory Crescent, Lewes, Sussex.

NOYEAU MADE WITH HONEY.—Blanch and pound 3oz of bitter and 1oz of sweet almonds. Put them into a jar and pour over them a quart of pure brandy or whisky, and leave to infuse for three days, shaking the almonds up every now and then. Strain the liquid carefully through filtering paper, and add 1lb of loaf sugar dissolved in half a pint of boiling water and two tablespoonfuls of fine honey. Bottle for use. Sufficient for 3 pints of noyeau.—Miss LOTTIE JEARY, 104, Albert Street, Jarrow-on-Tyne, co. Durham.

GENUINE ECCLES CAKE MIXTURE.—2oz of brown sugar, 2oz butter, 4oz best currants, ½ teaspoonful of mixed spice, ¼ teaspoonful of salt, ¼ teaspoonful of ground ginger. Put all these ingredients into a jar, mix well, and dissolve in a slow oven.—Miss W. WIGGLESWORTH, 1, Victoria Villas, Heaton Park, Manchester.

SOME RECIPES COMMENDED AND RECOMMENDED.

APPLE JELLY FROM APPLE SKINS.—Excellent jelly may be made from the skins and cores of apples. About eight large apples are needed for a pudding. Peel and core them, and put them into pure cold water to prevent them from discolouring. Then boil the skins and cores for four or five hours in some of the water which the apples have been steeped in (cover them well). Then strain and add 4oz or 5oz of granulated sugar and boil for about three-quarters of an hour, sometimes longer, according to the kind of apples and the quantity of water they have boiled in. Try a little on a plate to see if it jellies. Eight apples usually make half a pint of jelly. Use red apples if possible, and the colour will be beautiful.—Cirencester.

AMERICAN CURLLERS.—Mix together 1 pint of flour, ½ a cupful of sugar, ½ teaspoonful of salt, ½ teaspoonful of mace or nutmeg, and 2 teaspoonfuls of baking powder. Rub in 1 tablespoonful of butter. Beat 2 eggs. Add half a teacupful of cream or milk, and stir this into the dry mixture till it is a soft dough. Take out a little at a time on to a floured board, roll thick, and cut in oblong shape. Have ready a pan filled with smoking hot fat, and fry four or five at a time. They will take 6 to 8 minutes. When done, drain on paper, and roll in sifted sugar. —Tulse Hill.

TO PRESERVE MUSHROOMS FOR WINTER USE.—The mushrooms should be large, thick, and sound, and absolutely free from maggots. Peel them, and spread them on a large dish, and put into a warm, but not hot, oven, to dry thoroughly, but slowly. Store in jars, well tied down, and absolutely airtight. Store in a cool and dry place till needed.—Langley Green.

A NOVEL BREAD PUDDING.—Pour a pint of boiling milk over a basinful of stale breadcrumbs; cover, and soak until cold. Mash well, sweeten to taste, and add a couple of well-beaten eggs. Stir in a handful of raspberries or other fruit, and either steam it in a buttered basin, or bake in a piedish.—Kineton.

A DELICIOUS BEEF STEW.—Take a 7lb stoneware jam jar, and place at the bottom of it a layer of vegetables seasoned with salt and pepper, 1lb onions, peeled and sliced, and 4 to 6 carrots, scraped and thinly sliced. Cut from ½lb to 2lb of beef steak into small neat strips, dust each of these thickly with flour; place some on the vegetable layer, add another layer of vegetables, and continue alternate layers until the jar is full. The top layer should be of onions. Fill the jar halfway up with cold water, and place in a large saucepan with cold water to reach 3 parts up the jar. Bring to boil, and continue to boil gently for 3½ hours. Stir the contents of the jar now and then, and, when cooked, empty into a deep dish and serve very hot, garnished with potatoes.—Southsea.

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FOUR PRIZES, EACH 2s. 6d.,
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HOUSEHOLD HINTS.

A prize of 2s. 6d. has been awarded for each of the four following Household Hints:—

HOW TO ECONOMISE THE WEAR OF A CARPET.—Before laying a carpet, put down plenty of folded newspapers, the more the better, as they not only lengthen the life of the carpet, but make an ordinary tapestry feel like a velvet pile to the tread. They are, besides, a sure and certain safeguard against moths.—Mrs. Tye, Langley Green, near Birmingham.

HOW TO USE BRAN.—Place two cupfuls of bran in a muslin bag, and simmer for about an hour, in two quarts of water. When wanted for washing delicate muslin blouses or coloured things, such as delaines, add a little cold water, and squeeze the bag until the juicy matter comes out. Leave the article in the bran water to soak a little while. Then rub lightly, and the dirt will be very easily removed, without harming either the fabric or the colour. The bran left in the bag is excellent for use in sweeping, as it not only lays the dust, but brightens the colour of carpets.—Miss Joselin, 81, Bennerley Road, New Wandsworth.

HOME MADE COLD CREAM.—Place 4oz of unsalted lard (procurable from any chemist) in a jar in a saucepan of boiling water. When melted take the jar out and beat its contents thoroughly, until nearly cold. Then add two tablespoonfuls of elder flower water a little at a time, and, just before the mixture quite hardens, 15 drops of simple tincture of benzoin, a drop at a time. Put in small pots to harden. This cream is an excellent remedy for sunburn.—Miss E. CABE, 18, Hampshire Terrace, Southsea.

TWO KITCHEN HINTS.—(1) To make potatoes floury they should be put into hot water instead of cold. (2) To prevent the juice of fruit pies from boiling over, spoiling both the appearance of the pie and the flavour of the pastry, sprinkle a small quantity of bi-carbonate of soda over the fruit, just before covering with the crust.—Mrs. F. TURNER, 40, Lena Gardens, Shepherd's Bush Road, W.

HOUSEHOLD HINTS COMMENDED AND RECOMMENDED.

TWO USEFUL HINTS.—(1) The smoke from a lamp often soils a ceiling in one spot. It is well to know that if rubbed over with dry whitening the mark will be much less conspicuous. (2) Bi-carbonate of soda is useful in economising sugar in cooking any acid fruit. As much as will cover a sixpence is sufficient for an ordinary sized pie or pudding. Much less sugar will be required, and the flavour of the fruit will not be injured in any way.—Tulse Hill.

TO TEST MILK.—To test whether milk has been watered take a well-polished knitting needle, dip it into a deep vessel of milk, and withdraw it immediately. If the milk is pure some of the fluid will adhere to the needle. If it has been watered the needle will come out quite free from the milky fluid. —Matlock Bank.

WHAT TO DO WITH AN EIDER DOWN IN SUMMER.—Shake the quilt, place it out of doors on a clothes' line on a windy day. Dust well with Keating's moth powder, roll up (with a pennyworth of lavender seed tied up in a bit of muslin) into a shape that will just fit into a pillow case. Cover prettily and use as a cushion.—Sussex.

A HINT FOR FRYING FISH.—Sprinkle a little salt on the bottom of the pan when it is hot and the fat boiling. Fish may then be turned without breaking in the least.—Jarrow.

A DAINTY GIFT.—A useful and pretty gift for a bed-ridden invalid is a pair of loose silk sleeves, with an elastic run in a hem at the top and bottom. They are easily secured on the shoulders with a safety pin. Most invalids wear shoulder shawls or wraps—and if these sleeves are made of pretty pieces of silk, they not only give freshness to the toilet, but help to keep the nightdress clean, and are easily slipped on at any time.—Kineton.

TWO LAUNDRY HINTS.—(1) Add a few drops of methylated spirit to the rinsing water when washing silk. This will give the required firmness and gloss. (2) Before washing coloured goods, steep them for ten minutes in cold rain water, to which has been added a tablespoonful of vinegar. Then wash in tepid water and dry quickly.—Belfast.

FOR NEW POTATOES.—After new potatoes have been washed, scrub them all over with a laundry brush kept for that purpose only—one not too hard. They will look much nicer than when scraped, and are prepared much more quickly.—Barnstaple.

Cookery Recipes and Household Hints
PRIZE COMPETITION

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:—

FOUR PRIZES, 2s. 6d. each, for the Four Best Cooking Recipes, and

FOUR PRIZES, 2s. 6d. each, for the Four Best Household Hints.

Competitors must send in their Recipes and Hints on or before September 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

Competitors must write their Cookery Recipes and Household Hints on *separate sheets*, and put their name and address on each. The sheets can then be pinned together with each coupon.

COOKING RECIPES.
SEPTEMBER, 1906.

HOUSEHOLD HINTS.
SEPTEMBER, 1906.

The Result of the Competition will be published in the November number.

"The evening skirt is working out very nicely."—M. R. E.

Descriptions of the Illustrations.

A Smart Tucked Blouse.

No. 6287, Page 8. The pattern is in eight pieces—half the tucked back, the right tucked front (cut with central box-pleat), half the basque, half the American yoke, one sleeve, one sleeve lining, half the band collar, one cuff. The tucks and pleat are wheelmarked on front and back patterns. Lay the pattern pieces on 2 yards of 46-inch cashmere, which is opened out and is doubled, so that front, revers, cuff, and sleeve are cut in duplicate. The single fabric is folded (selvedges meeting), the centre edge of back, collar, and yoke laid on the fold. Arrange the tucks and pleat. Decorate with straps of darker material or velvet. Tack together the back, yoke, and fronts. Try on. Make button holes under the box-pleat, hem the left front and sew the buttons down the hem. Seam the side seams (run and fell seams). Arrange into the basque. Seam on the collar according to the notches. The sleeve is seamed inside with a fell seam. It is gathered (on a lining) into the cuff, which is faced with the darker material. Gather the top of the sleeve into the armhole, and bind the seam for neatness. The collar hooks at back. Straps of the darker material edge yoke and collar.

Elegant Blouse of Silk and Lace.

No. 6288, Page 8. Cut a bodice lining in white mercerised lining: two backs, four sides, double front, to close at back. Tack, fit, seam, leaving side and shoulder seams. Mount on it the three-piece yoke-front of lace (with band collar hooking at back). Drape with two frilled fronts and two frilled backs of taffetas. Finish seams. Silk belt supported on bones. Elbow sleeve of the silk on a lining, with gathered and ruffled silk cuff decked with lace frills. 22-inch silk, 4 yards. For silk and lace send to Messrs. Samuel Lewis, Holborn Silk Market, Holborn Bars, E.C.

Original Pleated Blouse.

No. 6289, Page 8. Excellent model for firm silk, or handsome woollen material to match an autumn skirt. A pleated front and two pleated backs (pleats wheelmarked), right front cut with tabs, which close with two buttons. Neck cut low and filled in with a lace yoke and band collar. Lace jabot. Velvet tie and buttons. Velvet belt. Original sleeve with band cuff. 46-inch cashmere, 2 yards. For cashmeres send to Best's Dress Goods Co., Bradford, who pay carriage of patterns both ways.

Smart Gown with Pinafore Bodice.

No. 6290, Page 9. Five-gore full skirt. Make quite apart from the five-gore foundation skirt, which is edged with a shaped flounce (lined with lino to give firmness). Trim skirt with rows of stitching, beneath which is a band of muslin to support the stitching. Good model for soft autumn woollens. Pinafore bodice to be made of the skirt material, worn over any blouse. A front and two backs, unlined, stitched at the top. Stitched shoulder straps. Blouse of spotted muslin—a gathered front and two backs. Only the one-piece sleeve and gathered yoke are lined. 46-48-inch material, 5 yards. For patterns of suitable woollens send to Best's Dress Goods Co., Bradford. Stitched parts of pinafore bodice are supported with lino.

Smart Gown Showing the Shaped Frills.

No. 6291, Page 9. Full skirt trimmed with three shaped frills. The pattern of the lowest is given, the other two being cut on it. Cut a bodice lining with three-piece front, to close on left of centre panel. Fit, seam, bone, leaving only side and shoulder seams. Cover front and top with Irish crochet lace. Drape the rest with pleated back and two pleated fronts of the woollen (pleats wheelmarked on pattern). Finish seams. Velvet belt. Collar berthe of velvet, edged with two shaped frills. Band collar of lace. Fronts are laced with velvet ribbon. One-piece sleeve gathered on a lining, with added (two) sleeve frills. Lace lower sleeve. 48-inch material, 7 yards.

No. 6343.—An Ideal Working Dress.

No. 6344.—Same Dress with Apron.

For Descriptions see Page 19.

Price of Paper Patterns, Skirt, Blouse, or Apron, each 6½d., post free of Madame Myra, *10 and 11, Fetter Lane, E.C.*

An Original Braided Tailor Gown.

No. 6292, Page 9. Good model for rich face cloth. Three-piece skirt (circular sides, cut with back) trimmed with broad shaped band of white cloth braided in black. Wear over a foundation skirt. Smart coat—a back and two fronts, deeply scalloped. Elegant collar, faced with the braided white cloth. Face fronts with the cloth, and close with a single button. Line with white glacé, cut on the coat pattern but seamed apart. Elbow sleeve arranged on a lining, with braided edge. 48-inch material, 6 yards; white cloth, 1½ yards. Little white silk frills edge collar and sleeve.

Dainty Tucked Blouse of Black Silk Muslin.

No. 6293, Page 10. A front and two backs of muslin, tucked (graduated tucks) to flat pattern, arranged into a one-piece yoke made up of stitched muslin bands and silk guipure. Band collar to match. Full elbow sleeve tucked to flat pattern, drawn upon cords into a frill, veiling a frill of black lace. 46-inch muslin, 3 yards. For patterns send to Best's Dress Goods Co., Bradford.

Blouse of Ninon and Irish Crochet.

No. 6294, Page 10. The three-piece yoke and collar are cut from the piece lace, edged with insertion. Fronts and backs are of the muslin gathered on cords and edged with insertion. The full sleeve is tucked to flat pattern and is gathered on a lining to form puffs and a frill. Velvet bows. 46-inch muslin, 2½ yards; 18-inch lace, 1½ yards.

A Tucked Muslin Blouse.

No. 6295, Page 10. A tucked back, and two tucked fronts of muslin, right front cut with central panel, which is covered with embroidered muslin. Tucks are wheelmarked on pattern. The material is cut away beneath the broderie. Collar (hooking at back) and shoulder straps of the bro-

Worth Knowing.—Dr. Walcott, M.D., writes: "For irritation of the scalp, removal of scurf, and loss of hair I have used Hopogod's Nutritive and Sedative Hair Cream with unfailing success." Dr. Salter, M.D.: "I have witnessed its effects in restoring the hair to an extent truly surprising." Fifty years' success. Bottles 1s. 6d., 2s. 6d., and 3s. 6d., of all Chemists and Perfumers. Wholesale Agency, 51, Frith Street, London, W.

derie. One-piece sleeve arranged on a lining finished with a cuff of the broderie. 29-inch material, 3¾ yards. For pretty muslins send to Christopher Williamson's, Fabrics Department, 91, Edgware Road, W. Little broderie frills edge the cuff.

A Taffetas Blouse.

No. 6296, **Page 10.** The pattern is in eight pieces —half the tucked back, one tucked front, half the lace vest, one sleeve, one sleeve lining, half the collar, half the basque, one cuff. The tucks are wheelmarked on front and back patterns. Lay the pattern pieces on 4 yards of 22-inch taffetas, which is opened out and is doubled, so that front and sleeve are cut in duplicate. Arrange the tucks. Tack together back, vest, basque and fronts. Try on. Make buttonholes down an underfold of left front, hem the left edge of vest, and sew the buttons down the hem. Seam the side seams (run-and-fell seams). Hem the basque's lower edge. Trim with little frills of the taffetas. Seam on the collar of lace (draped on bones to flat pattern) according to the notch. The sleeve is seamed inside with a fell seam. It is gathered (on a lining) into a frill decked cuff, which is tucked to flat pattern. Gather the top of the sleeve into the armhole and bind the seam for neatness. For lovely taffetas (single or double width) send to the Holborn Silk Market, Holborn Bars, E.C. Allow 1¼yds extra for the frills.

Smart Blouse of White Viyella.

No. 6297, **Page 10.** The pattern is in seven pieces—half the pleated back, the right pleated front (cut with central box pleat), half the basque, half the revers collar, one sleeve (pleated to fit wrist, pleats wheelmarked), half the band collar, one cuff. The pleats are wheelmarked on front and back patterns. Lay the pattern pieces on 4 yards of 31-inch Viyella which is opened out and is doubled, so front, cuff, and sleeve are cut in duplicate. The single Viyella is folded (selvedges meeting), the back centre of back and front centre of band collar laid on the fold. Arrange the pleats. Decorate box-pleat with woollen Torchon frills. Tack together the back and fronts. Try on. Make button-holes down the box-pleat, hem the left front and sew buttons down the hem, or close with hooks and worked loops, and put metal buttons for ornament. Seam the side seams (run and fell seams). Arrange into the basque. Seam on the collars according to the notches. The sleeve is seamed with a fell seam after pleating. It is arranged into the cuff. Gather the top of the sleeve into the armhole, and bind the seam for neatness. Revers collar can be of batiste, hemstitched.

No. 6345.—THE MOP CAP FOR LADY AT WORK.
For description see page 19.

Price of Paper Pattern, 3½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Corselet Skirt and One-piece Cape Bolero.

No. 6298, **Page 11.** The fitted corselet part (skirt in nine pieces) is lined, and is boned up the seams from top to hip. The front seams are lapped. Close at back. Skirt sides and back are tucked to flat pattern. Good style for any of the plain woollen materials. Wear over a five-gore foundation skirt, edged with a pleating. Smart one-piece bolero—back and two fronts, of the material, cut together with upper sleeve in a single piece. Small under sleeve is added. Tack to flat pattern, and edge with galon. Face the revers with white glacé, and line with same. 48-inch material, 8½ yards.

Tucked Costume of White Serge.

No. 6299, **Page 11.** For white serges send to Best's Dress Goods Company, Bradford. Plain tablier (lapped seams, opening in left tablier seam). Two tucked sides and two tucked backs (tucks wheelmarked on pattern). Tuck the lower edge to flat pattern. Straps of black and white striped silk decorate the front. Wear over a five-gore foundation skirt. Smart tucked bolero (tucks wheelmarked). Decorate with striped facing to the serge collar, showing the serge hem. Short sleeve with cuff, decorated like the collar. Glacé or striped belt supported on bones. 52-inch serge, 7½ yards.

Visiting Gown with Flounced Corselet Skirt.

No. 6300, **Page 11.** Seven-gore corselet skirt, the tablier cut with the shaped flounce at sides and backs. A lapped seam joins tablier and flounce to the shorter sides and backs. Close at back. Wear over the five-gore foundation skirt. Smart Empire coat to match—a back and two fronts, outlined with a shaped band, mounted with lapped seam. Large collar, faced with striped silk (showing an under facing of the cloth). Cuff to match to the one-piece elbow sleeve, which is mounted on a smaller lining. Line with glacé silk cut on coat pattern, but seamed apart. 48-inch face cloth, 9 yards. For cloths send to Best's Dress Goods Company, Bradford.

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The New Sheath Tea Gown.

No. 6310, **Page 15.** A lining (silk) is cut in nine pieces, closing at back. On it is arranged the low necked nine-gore Princess velvet dress, the neck being veiled with a three-piece yoke of lace. Tack, fit, seam (a very easy fit), and hem the lower edge. Put on fastenings. Band collar (unlined) of the fine piece lace. One-piece sleeve of lace on a smaller lining, with transparent lace lower sleeve. 20-inch velvet, 18 yards.

Empire Over-dress of Washing Net.

No. 6311, **Page 15.** To wear over soiled evening gowns of silk or satin. It is a full seven-gore dress, gathered on the shoulders, arranged with an Empire effect by the ribbon sash, which is secured at the back. Transparent collar fichu of plain muslin draped to form revers edged with lace. Vest of the muslin tucked to flat pattern, with band collar to match. Original elbow sleeve of the net, gathered at the seam, and decorated with a frill of lace. 27-inch net, 14 yards.

Empire Tea Gown of figured Crêpe de Chine.

No. 6312, **Page 15.** A five-gore skirt of crêpe de chine is mounted on a three-piece bodice made up to flat pattern with lace and ribbon-threaded beading. Close at back. One-piece sleeve on a smaller lining, edged with lace frill. 46-inch crêpe, 8 yards. For patterns, send to Best's Dress Goods Co., Bradford.

Smart Autumn or Travelling Dress of White Serge.

No. 6313, **Page 16.** Seven-gore skirt with lapped seams, closing in left tablier seam. Line with white sateen. Smart three-quarter saque coat. The pattern of coat is in six pieces (half the coat)—one back, one front (cut with revers), one cuff, half the reefer collar, two-piece sleeve. Fronts have crescent pocket slits. Lay the coat pattern on 3 yards of 52-inch serge, which is doubled (selvedges meeting), the back centre of collar laid along the fold so that it is cut in a single piece, the other pattern pieces being cut in duplicate. Tack together backs and fronts. Try on. Stitch and press the seams. Turn up the edge all round over a band of lino; stitch down. Face fronts with the serge. Close with pearl buttons and buttonholes, made in right facing. Cut white silk lining on coat pattern. Seam and press it. Tack it in place and slipstitch the turned edges over the stitched coat edges and facings. Line the collar with lino; face with the serge. Sew the collar into the neck, and fell the facing over the seam. The sleeve is seamed and lined. The edge is finished with a cuff faced with the material. Sleeve is stitched into the armhole, and the coat lining is felled over the seam. 52-inch serge for skirt, 4½ yards.

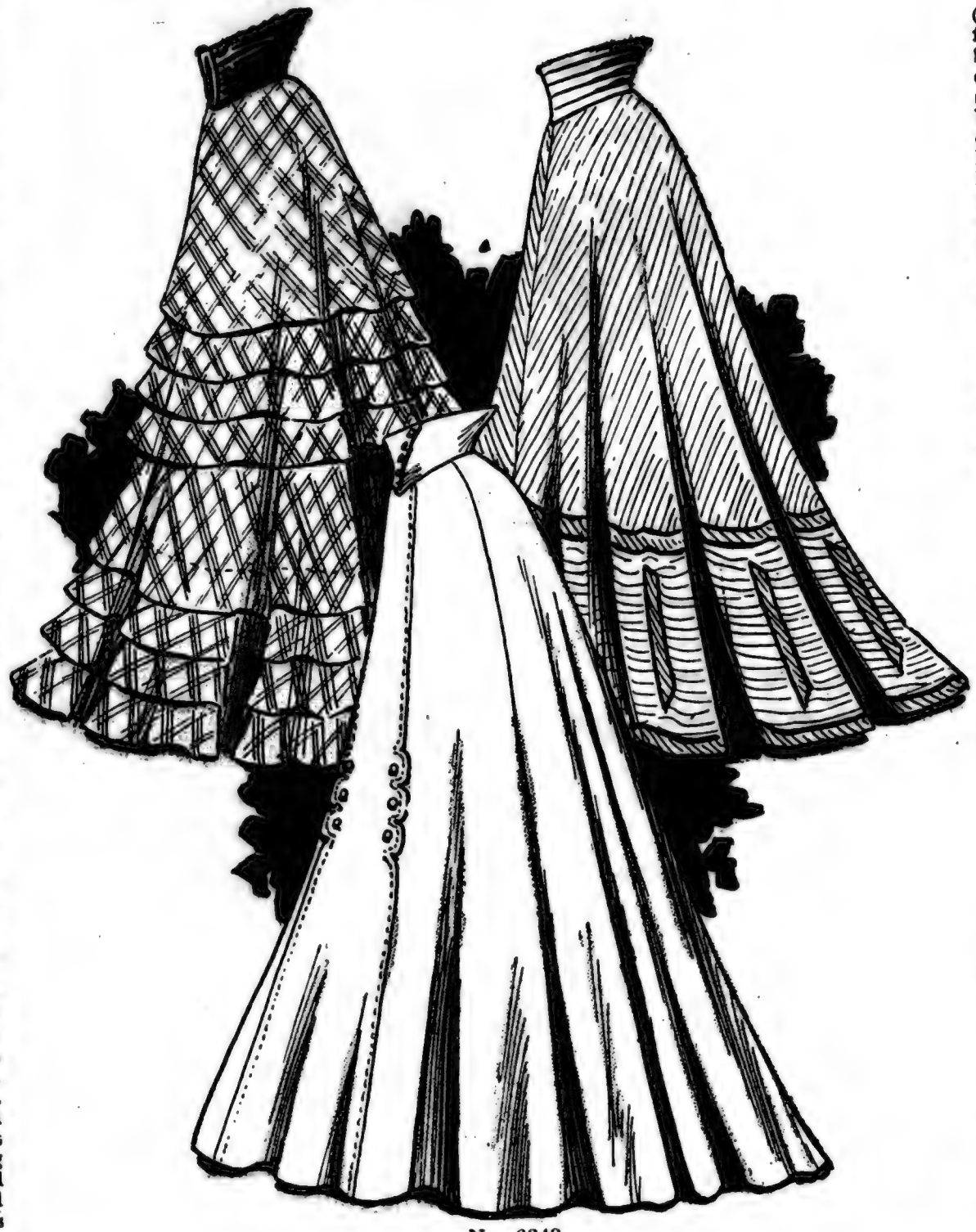
Travelling Dress of Chequered Tweed.

No. 6314, **Page 16.** Tucked tablier (tucks wheelmarked) cut in one with the narrow shaped flounce. The rest is a two-piece umbrella skirt of the plaid. Wear over a five-gore foundation skirt. Skirt closes at back. Pocket in the opening, or in foundation skirt. Make material wide enough for circular breadths by seaming breadths up the selvedges to fit the pattern. Tucked tweed bolero. A tucked back and two tucked fronts (tucks wheelmarked on pattern). Revers are faced with white cloth. Neat coat sleeve. 48-inch material, 7 yards.

Travelling Dress with Three-quarter Redingote.

No. 6315, **Page 16.** Good model for the new tweeds—a two-piece skirt lined with fine mercerised linenette. Elegant coat—two backs, four sides, two fronts with added waistcoat fronts of white cloth cut with revers (faced white), which turn over the coat front and join the faced coat collar. Smart coat sleeve with cuff faced white. 54-inch tweed, 8 yards.

No. 6346 No. 6347



No. 6348

THREE SMART TAILOR SKIRTS.

For Descriptions see Pages 30 to 34.

Price of Paper Pattern, Flounced Skirt, 1s. 0½d.; Skirts or Foundation Skirts, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Girl's Jacket of Lewis's "Wonderful" Velveteen.

No. 6316, **Page 17.** A back and two fronts, tucked and scalloped, lined with silk. Crenulated collar, the tabs falling over a lace flounce. Short puff sleeve on a smaller lining, with crenulated shaped frill falling over a lace frill. 24-inch velveteen for a girl of four, 4 yards. For patterns (2s. the yard) send to Lewis's, Market Street, Manchester.

A Dainty Coat and Skirt.

No. 6317, **Page 17.** For a girl of six years—a pleated skirt (pleats wheelmarked) and a pretty little saque coat of chequered tweed. Coat can be worn open or closed, lined with white silk, closing with braid brandenburghs. Reefer collar is faced with silk. 48-inch material, 3 yards.

A Pretty Cashmere Frock.

No. 6318, **Page 17.** A full one-piece skirt, decorated with two frills, is arranged on a three-piece bodice lining, buttoning at back. Full blouse, with lace chemisette and two shaped frills by way of berthe. A ribbon belt is passed through straps held with buttons. Elbow sleeve on a smaller lining, edged with two frills. 46-inch cashmere for a girl of five, 2½ yards.

Baby's Jap Silk Frock.

No. 6319a, **Page 17.** The full frock (gauged yoke) has gauged flounce trimmed with lace. Shoulder straps of the silk embroidered and cut with slots, through which a ribbon is passed, the straps edged with little silk frills. Elbow sleeve edged with lace. 21-inch Jap silk, 4 yards. For Jap silk, white or coloured, send to the Holborn Silk Market, Holborn Bars, E.C.

A Smart Serge Frock.

No. 6319b, **Page 17.** A full circular skirt is of serge, trimmed with galon. To it is joined the one-piece blouse—back and fronts cut in one, fastening at back, tucked into a three-piece yoke edged with galon. Tucks are wheelmarked on pattern. One-piece sleeve with galon edged cuff. For a girl of eight, 42-inch serge, 3 yards.

Pretty Smock for a Little Child.

No. 6320, **Page 17.** It is of thin woollen, like nun's veiling, tucked at edge to flat pattern, gathered into a gauged yoke of white silk edged with two silk frills. Elbow sleeve edged with two silk frills. For child of three, 44-inch veiling, 1½ yards. Bows of velvet Tom Thumb ribbon.

A Pretty Flounced Frock.

No. 6321, **Page 17.** The skirt consists of two flounces mounted on a three-piece bodice lining, each edged with little silk frills. The long blouse has a yoke edged with silk frills. Elbow sleeve gathered to form a frill, which is edged with a silk frill. 46-inch cashmere, for a girl five years, 2 yards. Silk sash.

Chequered Autumn Dress with Corselet Skirt.

No. 6322, **Page 18.** The fitted corselet part (skirt in nine pieces) is lined, and is boned up the seams from top to hip. The front breadth is pleated (pleats wheelmarked on front pattern). Cut lining on pleated front after pleating. Material is cut on cross throughout. Wear over a five-gore foundation skirt, edged with a pleating. Smart crossed bolero—back and two fronts of the material with added waistcoat fronts of embroidered white glacé. Collar faced with glacé and slipstitched velvet. One-piece elbow sleeve arranged on a smaller lining, with cuff decorated like collar. 48-inch chequered woollen material, 8 yards. Enamelled buttons.

Striped Flannel Travelling Dress.

No. 6323, **Page 18.** Suitable also for striped tweed. Five-gore skirt, the edge simply

hemmed. Line with sateen or wear over a five-gore foundation skirt, edged with shaped flounce (pattern in one piece, half the flounce). Smart little coat—a back, four sides, and two fronts, decorated with stitched shaped straps of the material. Face with white glacé and close with buttons and buttonholes. Line with white glacé, cut on coat pattern, but seamed apart. Reefer collar, faced with white glacé. Two-piece coat sleeve, the cuff simulated by a broad strap. Double-width material, 7 yards.

Elegant Autumn Gown of Face Cloth.

No. 6324, Five-gore skirt, pleated in groups
Page 18. (pleats wheelmarked on pattern), the edge simply hemmed. Pleats are stitched down half-way. Wear over a five-gore foundation skirt, edged with corded shaped flounce (pattern in one piece, half the flounce). Smart little coat—a back, four sides, and two fronts, with very short basque. Face fronts with the cloth, and make buttonholes in right facing. Line with glacé, cut on coat pattern but seamed apart. Braid fronts and back of coat. Revers collar, faced with white bengaline, worked and cut with slots, through which velvet ribbon is passed. Two-piece coat sleeve, the cuff braided. 52-inch cloth, 8 yards. For patterns of beautiful cloths, send to Best's Dress Goods Co., Bradford.

A Straw Autumn Toque.

No. 6325, It should match the dress. The
Page 19. only trimming is a plume of peacock's feathers.

A High-Crowned Early Autumn Hat.

No. 6326, It is a smart shape, tilted by a cache-
Page 19. peigne of wide ribbon. Ribbon encircles the crown. Bouquet of flowers, or plume of ostrich tips on the left.

A Becoming Mid-Season Hat.

No. 6327, Very good for country wear, of
Page 19. brown straw, trimmed with pink rose and shaded brown ribbon.

A Neat Travelling Hat.

No. 6328, Of navy straw, draped with white
Page 19. tulle. White plume.

A Silk and Flower Hat.

No. 6329, The brim of the wire frame is
Page 19. covered with silk frills, hemmed with chenille. The crown is of flowers. White osprey plume.

No. 6349.—MATRON'S AUTUMN DRESS.
Price of Paper Patterns, 1s. 6½d., *post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Smart Tailor Gown of Splashed Tweed.

No. 6330, Two-piece umbrella skirt (seamed
Page 22. front and back), worn over a five-gore foundation skirt. Skirt closes at back. Pocket in the opening, or in foundation skirt. Smart coat—a back and four fronts (velvet bias band covering seam), arranged into a velvet belt which holds the added back basque. Elbow sleeve, the cuff edged velvet, Revers of fronts are faced with velvet. Lace jabot held by a velvet bow on the blouse collar. Line coat with silk. Coat closes with three metal buttons below revers. Trim cuff with buttons. Lace puff and frill lengthens sleeve (or the blouse sleeve can be shown). 52 inch tweed, 7 yards.

Tailor Gown of Chequered Tweed.

No. 6331, Five-gore skirt, the tablier arranged
Page 22. in a box pleat. Russian coat with back and two draped crossed fronts, arranged into a velvet belt which holds the circular basque. The revers collar is faced velvet. Above the fronts are visible the added waistcoat fronts of a white material. Velvet buttons. Two-piece gigot sleeve with cuff matching the collar. 52-inch tweed, 8 yards.

Beautiful Braided Tailor Gown.

No. 6332, Five-gore cloth skirt, mounted with
Page 22. a little fullness. It is unlined, and is decorated with a handsome band of braiding. Wear over a five-gore foundation skirt. Wing-sleeve bolero, the sleeve forming a smart point, braided at the edge. Line with silk. Square collar braided at the edge. 52-inch cloth, 6½ yards.

Smart Gown with Little Sacque Coat.

No. 6333, Smart model for tomato-red cloth.
Page 23. Five-gore skirt, trimmed with two rows of black and white galon below knee. Line with silk or moirette, seamed apart. The little coat has a strap, front and back, covering the top of the pleats. Revers collar edged with galon. Coat closes with loops and two buttons, decorated with false buttonholes of braid or cord. Big sleeve on a smaller lining, the cuff edged with galon. Line

HEALTH AND PERSONAL ATTENTION.—See Myra's Answers in "Myra's Journal."

Extract from POSTAL TOILET LIST.

[New and greatly enlarged edition, with chapters on the care of the hair and complexion, &c., and many new preparations, will be sent by return of post, on receipt of stamped address.] Also illustrated pamphlet on Face Massage and the Care of the Complexion, and Mr. Mason's New Book on the Hair, may be had gratis.

PHILIP H. MASON, Pharmaceutical Chemist, 25, BANK PLAIN, NORWICH.

IMPORTANT NOTICE.—All Articles in this List admit of Postal Transit, and will be delivered free per post at the prices marked, secure from observation, and carefully packed on receipt of P.O.

DEPOTS ABROAD.—India: The Agra Stores, Ltd., Agra. South Africa: Mr. Y. H. Carman, Mill St., Cape Town. New Zealand: Messrs. Walker and Co., Christchurch. From these Agents any of the Toilet Preparations may be obtained.

THE GARRISON HAIR DYE.—An absolutely harmless hair dye in one solution. Easy in application, rapid, cleanly, and almost infallibly certain in effect. This is the Hair Dye *par excellence* for those who prefer a dye in one solution. Black or Brown, 3s. 6d. per case.

EMULSINE OF CUCUMBERS.—Dr. Anna Kingsford's Formula, Thin, 3s. 6d. and 10s. 6d.; Thick, 3s. 6d. and 10s. 6d. These Emulsines resemble the Crême Froide in their general properties, but are prepared for those who prefer an emulsion to a cream. The thick Emulsine is especially intended for the prevention of wrinkles, and is also highly recommended for winter use, while the thin Emulsine is adapted for whitening the complexion, and for summer use.

"Against the crowsfeet use Mason's Thick Emulsine. With respect to wrinkles, I have said again and again that nothing removes them so satisfactorily as the thick Emulsine. For flushing of the face and dryness of the skin use Mason's Thin Emulsine of Cucumbers. 'Cool as a cucumber' is, as you know, a comparison that has become a proverb, and with good reason. Mr. Mason has prepared two excellent emulsions of cucumber, thick and thin, which I have not seen equalled. To these he has now added a Crême Froide aux Concombres. As the responsibility for these formulas rests, in a large measure, with myself, you may feel sure I should not recommend them unless I had complete confidence in their excellence."—Anna Kingsford, M.D.

JABORANDI HAIR TONIC.—Prepared from selected South American Jaborandi Leaves, containing the newly-discovered alkaloid Pilocarpine. Highly recommended by medical authority as a hitherto unapproachable stimulant to rapid growth of hair. Used not only to prevent the hair falling, but to stop advance of greyness and induce vigorous secretion of the natural colouring pigment. 3s.6d., 10s. 6d.

PETROLATE OF SULPHUR.—For promoting the growth of the Hair, and for preventing greyness. A new compound, which not only promotes the growth of the Hair, but also largely increases the formation of its colouring pigment. Its use has the effect of nourishing the Hair and increasing its growth, and also of improving its colour, preventing the increase of greyness, and removing that already existing. Price 2s. 6d.

The effect of this, used in combination with the Jaborandi Tonic, has recently been found *most remarkably successful.* A lady writes, "To arrest the greyness I applied the Petrolate of Sulphur regularly every night, rubbing it well into roots of hair, while in the morning I applied the Jaborandi Hair Tonic with a soft tooth-brush. I am most pleased to tell you that after one month of this treatment, all the greyness has gone, completely."

BLOOM OF STEPHANOTIS.—An exquisite creamy white skin and complexion powder. It imparts a beautiful natural whiteness and youthful softness and delicacy to the skin. The painful "flushing" of the face, brownness of the neck and arms, undue redness of the face and hands, are obviated by one application. For personal appearance at Court, the Ball, or Concert it is indispensable: it represses the unpleasantness of sensible perspiration and its disagreeable accompaniments. Travellers and residents in warm climates will find it invaluable. It so entirely prevents the discolouring action of the sun on the skin that freckles are almost unknown to those who use it. In polished apple wood case, with toilet puff, 3s. 6d.

"For my own part, I am in the habit of recommending Mr. Mason's Stephanotis Face Powder, because I trust him, and know that he is moderate in his charges and honest in quality."—Anna Kingsford, M.D.

DEPILATORY (POWDER).—Mr. Mason is continually asked by ladies for a Depilatory which will, in one application, not only remove existing superfluous hair, but prevent its reappearance. He wishes clearly to state that it is impossible to do this. All that can be done is to remove the hair, after which an occasional subsequent application on the surface of the skin will prevent it from attaining a visible growth. The above preparation will do this without injury to the skin. With directions, 2s. per bottle. "Mr. Mason's Depilatory is at once the cheapest and best I know of."—Anna Kingsford, M.D.

CREAM OF STEPHANOTIS.—An exquisite creamy white skin and complexion cosmetic; imparts youthful softness and delicacy, with a beautiful natural whiteness to the skin. Composed of perfectly innocent ingredients, this Cream has a most beneficial action upon the skin. It obviates in one application brownness of the neck and arms, or undue redness of the face and hands. For personal appearance at Court, at Balls, or other crowded assemblies, it is indispensable, especially as it represses the unpleasantness of perspiration and its accompaniments. In warm climates it will be found invaluable. Also to prevent the appearance of that unpleasant redness or flushing of the face, which is so common annoyance. So completely does it prevent the discolouring action of the sun on the skin that freckles are rarely, if ever, known to those who use it. It subdues the redness of the features caused by exertion, cooling the skin in a most delightful manner. 3s. 6d. per case.

SKIN FOOD.—For restoring wasted tissue and removing wrinkles. To this loss of tissue and muscular tone is due the falling away of the face and neck, loss of roundness, and formation of lines and wrinkles, but these conditions can be overcome by a steady use of the Skin Food. Its use also enables the skin to retain for many years the clear, smooth, velvety surface that is associated with youth. 2s. 9d. and 7s. 6d.

FOR OTHER HAIR DYES AND COLOUR RESTORERS SEE THE ENTIRE LIST.

The New Sheath Tea Gown.

No. 6310, **Page 15.** A lining (silk) is cut in nine pieces, closing at back. On it is arranged the low necked nine-gore Princess velvet dress, the neck being veiled with a three-piece yoke of lace. Tack, fit, seam (a very easy fit), and hem the lower edge. Put on fastenings. Band collar (unlined) of the fine piece lace. One-piece sleeve of lace on a smaller lining, with transparent lace lower sleeve. 20-inch velvet, 18 yards.

Empire Over-dress of Washing Net.

No. 6311, **Page 15.** To wear over soiled evening gowns of silk or satin. It is a full seven-gore dress, gathered on the shoulders, arranged with an Empire effect by the ribbon sash, which is secured at the back. Transparent collar fichu of plain muslin draped to form revers edged with lace. Vest of the muslin tucked to flat pattern, with band collar to match. Original elbow sleeve of the net, gathered at the seam, and decorated with a frill of lace. 27-inch net, 14 yards.

Empire Tea Gown of figured Crêpe de Chine.

No. 6312, **Page 15.** A five-gore skirt of crêpe de chine is mounted on a three-piece bodice made up to flat pattern with lace and ribbon-threaded beading. Close at back. One-piece sleeve on a smaller lining, edged with lace frill. 46-inch crêpe, 8 yards. For patterns, send to Best's Dress Goods Co., Bradford.

Smart Autumn or Travelling Dress of White Serge.

No. 6313, **Page 16.** Seven-gore skirt with lapped seams, closing in left tablier seam. Line with white sateen. Smart three-quarter saque coat. The pattern of coat is in six pieces (half the coat)—one back, one front (cut with revers), one cuff, half the reefer collar, two-piece sleeve. Fronts have crescent pocket slits. Lay the coat pattern on 3 yards of 52-inch serge, which is doubled (selvedges meeting), the back centre of collar laid along the fold so that it is cut in a single piece, the other pattern pieces being cut in duplicate. Tack together backs and fronts. Try on. Stitch and press the seams. Turn up the edge all round over a band of lino; stitch down. Face fronts with the serge. Close with pearl buttons and buttonholes, made in right facing. Cut white silk lining on coat pattern. Seam and press it. Tack it in place and slipstitch the turned edges over the stitched coat edges and facings. Line the collar with lino; face with the serge. Sew the collar into the neck, and fell the facing over the seam. The sleeve is seamed and lined. The edge is finished with a cuff faced with the material. Sleeve is stitched into the armhole, and the coat lining is felled over the seam. 52-inch serge for skirt, 4½ yards.

Travelling Dress of Chequered Tweed.

No. 6314, **Page 16.** Tucked tablier (tucks wheelmarked) cut in one with the narrow shaped flounce. The rest is a two-piece umbrella skirt of the paid. Wear over a five-gore foundation skirt. Skirt closes at back. Pocket in the opening, or in foundation skirt. Make material wide enough for circular breadths by seaming breadths up the selvedges to fit the pattern. Tucked tweed bolero. A tucked back and two tucked fronts (tucks wheelmarked on pattern). Revers are faced with white cloth. Neat coat sleeve. 48-inch material, 7 yards.

Travelling Dress with Three-quarter Redingote.

No. 6315, **Page 16.** Good model for the new tweeds—a two-piece skirt lined with fine mercerised linenette. Elegant coat—two backs, four sides, two fronts with added waistcoat fronts of white cloth cut with revers (faced white), which turn over the coat front and join the faced coat collar. Smart coat sleeve with cuff faced white. 54-inch tweed, 8 yards.

No. 6346 No. 6347

No. 6348

THREE SMART TAILOR SKIRTS.

For Descriptions see Pages 30 to 34.

Price of Paper Pattern, Flounced Skirt, 1s. 0½d.; Skirts or Foundation Skirts, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Girl's Jacket of Lewis's "Wonderful" Velveteen.

No. 6316, **Page 17.** A back and two fronts, tucked and scalloped, lined with silk. Crenulated collar, the tabs falling over a lace flounce. Short puff sleeve on a smaller lining, with crenulated shaped frill falling over a lace frill. 24-inch velveteen for a girl of four, 4 yards. For patterns (2s. the yard) send to Lewis's, Market Street, Manchester.

A Dainty Coat and Skirt.

No. 6317, **Page 17.** For a girl of six years—a pleated skirt (pleats wheelmarked) and a pretty little saque coat of chequered tweed. Coat can be worn open or closed, lined with white silk, closing with braid brandenburghs. Reefer collar is faced with silk. 48-inch material, 3 yards.

A Pretty Cashmere Frock.

No. 6318, **Page 17.** A full one-piece skirt, decorated with two frills, is arranged on a three-piece bodice lining, buttoning at back. Full blouse, with lace chemisette and two shaped frills by way of berthe. A ribbon belt is passed through straps held with buttons. Elbow sleeve on a smaller lining, edged with two frills. 46-inch cashmere for a girl of five, 2½ yards.

Baby's Jap Silk Frock.

No. 6319a, **Page 17.** The full frock (gauged yoke) has gauged flounce trimmed with lace. Shoulder straps of the silk embroidered and cut with slots, through which a ribbon is passed, the straps edged with little silk frills. Elbow sleeve edged with lace. 21-inch Jap silk, 4 yards. For Jap silk, white or coloured, send to the Holborn Silk Market, Holborn Bars, E.C.

A Smart Serge Frock.

No. 6319b, **Page 17.** A full circular skirt is of serge, trimmed with galon. To it is joined the one-piece blouse—back and fronts cut in one, fastening at back, tucked into a three-piece yoke edged with galon. Tucks are wheelmarked on pattern. One-piece sleeve with galon edged cuff. For a girl of eight, 42-inch serge, 3 yards.

Pretty Smock for a Little Child.

No. 6320, **Page 17.** It is of thin woollen, like nun's veiling, tucked at edge to flat pattern, gathered into a gauged yoke of white silk edged with two silk frills. Elbow sleeve edged with two silk frills. For child of three, 44-inch veiling, 1½ yards. Bows of velvet Tom Thumb ribbon.

A Pretty Flounced Frock.

No. 6321, **Page 17.** The skirt consists of two flounces mounted on a three-piece bodice lining, each edged with little silk frills. The long blouse has a yoke edged with silk frills. Elbow sleeve gathered to form a frill, which is edged with a silk frill. 46-inch cashmere, for a girl five years, 2 yards. Silk sash.

Chequered Autumn Dress with Corselet Skirt.

No. 6322, **Page 18.** The fitted corselet part (skirt in nine pieces) is lined, and is boned up the seams from top to hip. The front breadth is pleated (pleats wheelmarked on front pattern). Cut lining on pleated front after pleating. Material is cut on cross throughout. Wear over a five-gore foundation skirt, edged with a pleating. Smart crossed bolero—back and two fronts of the material with added waistcoat fronts of embroidered white glacé. Collar faced with glacé and slipstitched velvet. One-piece elbow sleeve arranged on a smaller lining, with cuff decorated like collar. 48-inch chequered woollen material, 8 yards. Enamelled buttons.

Striped Flannel Travelling Dress.

No. 6323, **Page 18.** Suitable also for striped tweed. Five-gore skirt, the edge simply

hemmed. Line with sateen or wear over a five-gore foundation skirt, edged with shaped flounce (pattern in one piece, half the flounce). Smart little coat—a back, four sides, and two fronts, decorated with stitched shaped straps of the material. Face with white glacé and close with buttons and buttonholes. Line with white glacé, cut on coat pattern, but seamed apart. Reefer collar, faced with white glacé. Two-piece coat sleeve, the cuff simulated by a broad strap. Double-width material, 7 yards.

Elegant Autumn Gown of Face Cloth.

No. 6324, Page 18. Five-gore skirt, pleated in groups (pleats wheelmarked on pattern), the edge simply hemmed. Pleats are stitched down half-way. Wear over a five-gore foundation skirt, edged with corded shaped flounce (pattern in one piece, half the flounce). Smart little coat—a back, four sides, and two fronts, with very short basque. Face fronts with the cloth, and make buttonholes in right facing. Line with glacé, cut on coat pattern but seamed apart. Braid fronts and back of coat. Revers collar, faced with white bengaline, worked and cut with slots, through which velvet ribbon is passed. Two-piece coat sleeve, the cuff braided. 52-inch cloth, 8 yards. For patterns of beautiful cloths, send to Best's Dress Goods Co., Bradford.

A Straw Autumn Toque.

No. 6325, Page 19. It should match the dress. The only trimming is a plume of peacock's feathers.

A High-Crowned Early Autumn Hat.

No. 6326, Page 19. It is a smart shape, tilted by a cache-peigne of wide ribbon. Ribbon encircles the crown. Bouquet of flowers, or plume of ostrich tips on the left.

A Becoming Mid-Season Hat.

No. 6327, Page 19. Very good for country wear, of brown straw, trimmed with pink rose and shaded brown ribbon.

A Neat Travelling Hat.

No. 6328, Page 19. Of navy straw, draped with white tulle. White plume.

A Silk and Flower Hat.

No. 6329, Page 19. The brim of the wire frame is covered with silk frills, hemmed with chenille. The crown is of flowers. White osprey plume.

No. 6349.—MATRON'S AUTUMN DRESS.
Price of Paper Patterns, 1s. 6½d., *post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Smart Tailor Gown of Splashed Tweed.

No. 6330, Page 22. Two-piece umbrella skirt (seamed front and back), worn over a five-gore foundation skirt. Skirt closes at back. Pocket in the opening, or in foundation skirt. Smart coat—a back and four fronts (velvet bias band covering seam), arranged into a velvet belt which holds the added back basque. Elbow sleeve, the cuff edged velvet. Revers of fronts are faced with velvet. Lace jabot held by a velvet bow on the blouse collar. Line coat with silk. Coat closes with three metal buttons below revers. Trim cuff with buttons. Lace puff and frill lengthens sleeve (or the blouse sleeve can be shown). 52 inch tweed, 7 yards.

Tailor Gown of Chequered Tweed.

No. 6331, Page 22. Five-gore skirt, the tablier arranged in a box pleat. Russian coat with back and two draped crossed fronts, arranged into a velvet belt which holds the circular basque. The revers collar is faced velvet. Above the fronts are visible the added waistcoat fronts of a white material. Velvet buttons. Two-piece gigot sleeve with cuff matching the collar. 52-inch tweed, 8 yards.

Beautiful Braided Tailor Gown.

No. 6332, Page 22. Five-gore cloth skirt, mounted with a little fullness. It is unlined, and is decorated with a handsome band of braiding. Wear over a five-gore foundation skirt. Wing-sleeve bolero, the sleeve forming a smart point, braided at the edge. Line with silk. Square collar braided at the edge. 52-inch cloth, 6½ yards.

Smart Gown with Little Sacque Coat.

No. 6333, Page 23. Smart model for tomato-red cloth. Five-gore skirt, trimmed with two rows of black and white galon below knee. Line with silk or moirette, seamed apart. The little coat has a strap, front and back, covering the top of the pleats. Revers collar edged with galon. Coat closes with loops and two buttons, decorated with false buttonholes of braid or cord. Big sleeve on a smaller lining, the cuff edged with galon. Line

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"Against the crowsfeet use Mason's Thick Emulsine. With respect to wrinkles, I have said again and again that nothing removes them so satisfactorily as the thick Emulsine. For flushing of the face and dryness of the skin use Mason's Thin Emulsine of Cucumbers. 'Cool as a cucumber' is, as you know, a comparison that has become a proverb, and with good reason. Mr. Mason has prepared two excellent emulsions of cucumber, thick and thin, which I have not seen equalled. To these he has now added a Crême Froide aux Concombres. As the responsibility for these formulas rests, in a large measure, with myself, you may feel sure I should not recommend them unless I had complete confidence in their excellence."—Anna Kingsford, M.D.

JABORANDI HAIR TONIC.—Prepared from selected South American Jaborandi Leaves, containing the newly-discovered alkaloid Pilocarpine. Highly recommended by medical authority as a hitherto unapproachable stimulant to rapid growth of hair. Used not only to prevent the hair falling, but to stop advance of greyness and induce vigorous secretion of the natural colouring pigment. 3s.6d., 10s. 6d.

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The effect of this, used in combination with the Jaborandi Tonic, has recently been found *most remarkably successful.* A lady writes, "To arrest the greyness I applied the Petrolate of Sulphur regularly every night, rubbing it well into roots of hair, while in the morning I applied the Jaborandi Hair Tonic with a soft tooth-brush. I am most pleased to tell you that after one month of this treatment, all the greyness has gone, completely."

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DEPILATORY (POWDER).—Mr. Mason is continually asked by ladies for a Depilatory which will, in one application, not only remove existing superfluous hair, but prevent its reappearance. He wishes clearly to state that it is impossible to do this. All that can be done is to remove the hair, after which an occasional subsequent application on the surface of the skin will prevent it from attaining a visible growth. The above preparation will do this without injury to the skin. With directions, 2s. per bottle. "Mr. Mason's Depilatory is at once the cheapest and best I know of."—Anna Kingsford, M.D.

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coat with white silk. Chiffon sleeve frill. 52-inch cloth, 7 yards.

Gown with Smart Redingote.

No. 6334, **Page 23.** Of tweed or face cloth. The pattern of coat is in nine pieces (half the coat)—one back, two sides, one front, one cuff, half the collar, one pocket flap, the upper and under of one sleeve. Lay the pattern pieces on 5 yards of 52-inch cloth, which is doubled (selvedges meeting), the back centre of collar laid along the fold so that it is cut in a single piece, the other pattern pieces being cut in duplicate. Tack together backs, sides, and fronts. Try on. Stitch and press the seams. Turn up the edge all round over a band of lino; stitch down. Face fronts with the material. Close with metal buttons and buttonholes. Lace jabot. Cut silk or satin lining on coat pattern. Seam and press it. Tack it in place and slipstitch the turned edges over the stitched coat edges and facings. Line the high turn-over collar with lino; face with the material, decorated with buttons. Pocket flap to match. Sew the collar into the neck, and fell the facing over the seam. The gigot sleeve is seamed and lined. The edge is finished with a cuff faced with the material. Sleeve is stitched into the armhole, and the coat lining is felled over the seam. Smart five-gore skirt to match, lined or worn over a foundation skirt. 52-inch cloth, 4½ yards.

Corselet Skirt and Tucked Bolero.

No. 6335, **Page 23.** Nine-gore corselet skirt, the front pleated at lapped seams. Pleats are wheelmarked and laps are given in pattern. Smart bolero, back and two fronts, tucked on shoulder, the edge gathered into a shaped band below the corselet edge. Collar and waistcoat fronts of velvet. Neat coat sleeve with velvet-faced cuff. Trim skirt with stitching or tuck to flat pattern. 52-inch material, 8 yards.

Pretty Gown Trimmed with Broad Braid.

No. 6336, **Page 23.** Three-gore skirt —tablier and two circular sides, trimmed with three rows of braid. Semi-fitting coat braided where the fullness is gathered into the plain edge. The collar is a shaped frill edging the velvet collar, trimmed with a velvet bow. Puff elbow sleeve on a smaller lining with velvet cuff and shaped frill of the cloth or tweed of which the gown is built. 52-inch material, 7 yards.

Autumn Gown with Corselet Skirt.

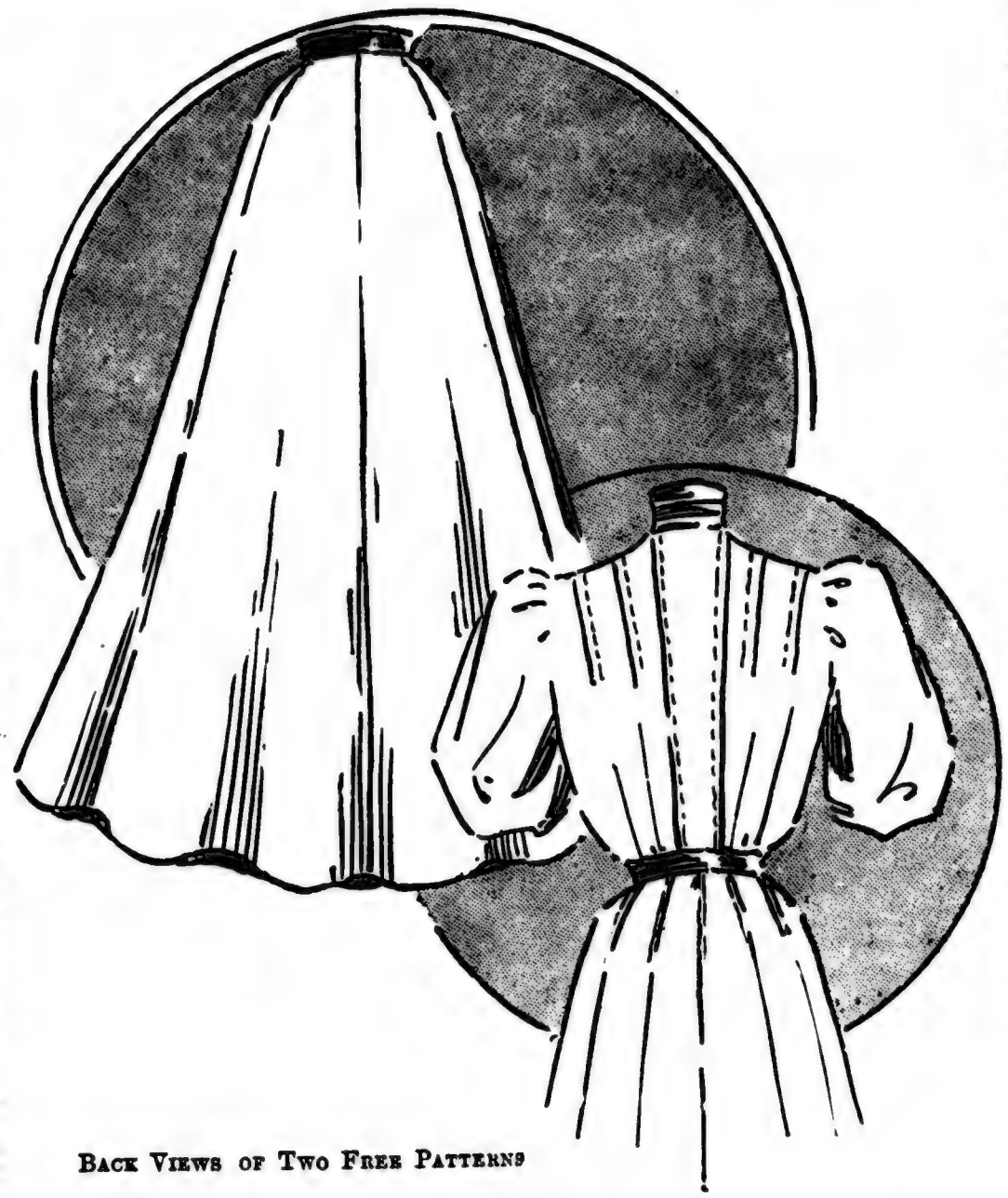
No. 6338, **Page 24.** Nine-gore smart corselet skirt of chequered material, cut on the cross, the front breadth pleated (pleats, stitched down, are wheelmarked on pattern). Trim edge with a piped strap. Gathered silk blouse, with linen collar. Charming bolero of the chequered material, strapped and closing with buttoned straps. Metal buttons. All the straps—including collar strap—are piped with silk. Full sleeve on a smaller lining, with original cuff. 48-inch material, 8½ yards.

A Pleated Corselet Skirt.

No. 6339, **Page 25.** Of fine face cloth. The skirt pattern consists of a corselet (five pieces: one back, half the front, three sides, front cut in one with the tablier), a full skirt of three pieces: one back, two sides, pleated into the corselet (pleats wheelmarked). Very smart model. For cloth patterns send to Best's Dress Goods Company, Bradford. Lay the pattern pieces on 7½ yards double width cloth, which is opened out, and is double beneath backs and sides so that each is cut in duplicate. The single material is folded over for tablier (cut with front corselet), so that each is cut in one piece. Tack together the corselet pieces according to notches, and try on—a very neat fit. Make the opening at back (hooks and eyes, edge to edge). Seam together sides, and backs of the skirt. Press the seams. Pleat and and mount it on the corselet, and fit it again carefully. The lower edge of the skirt is simply hemmed. The opening is at the back, closing amidst the fulness, with a few very small de Long hooks and bars (or worked loops). Pleats are secured by sewing together the material inside the pleats. Very smart blouse of shot taffetas—a full back and two full fronts, with lace vest and band collar. Fichu fronts are drawn across the blouse and draped on the corselet skirt with hooks and worked loops. Original sleeve, draped and pleated on a lining, with lace frill. 22-inch silk, 6 yards.

Plaid Skirt with Shaped Frill.

No. 6346, **Page 32.** Three-piece skirt, a tablier and two circular sides, decorated with six shaped frills arranged in two groups of three. Patterns of two shaped flounces are given, the others being cut upon it. Wear over a five-gore foundation skirt. 48-inch material, 6 yards.



Back Views of Two Free Patterns

How to Cut a Striped Tweed Skirt.

No. 6347, **Page 32.** Two-piece umbrella skirt, seamed back and front, stripes meeting in front in V points. Shaped flounce cut so that the stripes come as much as possible on the straight, made up of seamed breadths. Strap the seams with the striped material. 52-inch striped tweed 4¾ yards.

A Smart Five-gore Skirt.

No. 6348, **Page 32.** Good model for serge, cloth, or tweed. The front laps on the sides, cut with three straps held by buttons. Line, or wear over a five-gore foundation skirt. Quantity of 52-inch material required, 4 yards.

Matron's Autumn Gown.

No. 6349, **Page 33.** Nine-gore princess dress lined to hip (where bones cease), of face cloth. Wear over a five-gore foundation skirt. Elbow sleeve on a smaller lining. Vest of glacé to match. Cuff and frills of glacé. Smart pélerine lined with glacé, embroidered with silk or braid and edged with a little glacé frill. 52-inch cloth, 9 yards.

Tailor Gown with Triple Skirt.

No. 6350, **Page 37.** Five-gore foundation skirt of silk or moirette, edged with a pleated flounce. It is veiled with two shaped flounces of fine grey tweed, hemmed with a velvet band, and by a one-piece skirt, similarly hemmed. Glacé belt to match. Pretty bolero of the soft tweed, tucked on shoulder (tucks wheelmarked), the lower edge gathered into a lino-supported velvet band. Line with silk. One-piece sleeve, draped on a lining, trimmed with velvet shaped bands and lace. Collars of velvet and lace. 52-inch tweed, 7 yards. For patterns of beautiful tweeds, send to Best's Dress Goods Co., Bradford.

Umbrella Skirt with Yoke.

No. 6351, **Page 37.** The two-piece skirt is plainly arranged into a yoke. Close at back. The skirt is trimmed with four graduated tucks, tucked to flat pattern, or added (doubled bias bands). Suitable for any soft, supple material. 48-inch material, 5 yards.

Smart Pleated Skirt.

No. 6352, **Page 37.** Seven-gore skirt, arranged in inverted box-pleats (pleats wheelmarked on pattern), the pleats stitched down half way. Wear over a five-gore foundation skirt. 52-inch serge, cloth, or tweed, 5 yards.

A Muslin Gown for Biarritz

No. 6353, **Page 42.** Full seven-gore skirt of figured muslin, tucked in groups (tucks wheelmarked on pattern), trimmed with moiré ribbon edged with Valenciennes. Unlined blouse (worn over a glacé underslip, buttoning at back), tucked in groups (tucks wheelmarked on front and backs) into a three-piece yoke of white muslin, tucked (fine tucks) to flat pattern, and trimmed with very narrow valenciennes. A frill edges the yoke, edged with wider valenciennes like that onskirt. Tucked sleeve (tucks wheelmarked), strapped, the lower edge gathered on to a white muslin transparent lining to form a frill, which is edged with lace. Band collar of the white muslin draped on bones. Quantity of 29-inch figured muslin required, 12 yards.

FLANNELETTES.

It is as well to be early with our preparations, and to take advantage of the mid-season in preparing our underwear for the cold season, which, for all the fine weather, is not far off. For inexpensive warm outfitting—especially nightdresses, knicker linings, sleeping suits, &c.—no material beats flannelette, and for flannelettes where can we do better than at Mr. Christopher Williamson's, Department No. 10, 91, Edgware Road, W. Mr. Williamson stocks all the best flannelettes—like the excellent Horrockses' and the safe "Non-Flam" varieties. His cosy Cotton Flannels, his own speciality, for clothing or sheets, in various weights and varieties, are admirable. An excellent Cosy Cotton Flannel, self-colour or striped (embroidery to match can be had), is offered from 6¾d. the yard, for nightdresses, &c. Patterns should be written for, also of the capital Molletons (from 6¾d.) for autumn and winter dressing-gowns.

"Have used your Fichu Pattern this week, and find it A1."—J. D.

THE HOLBORN SILK MARKET.

SAMUEL LEWIS & CO., Proprietors.

CLOSE OF THE SEASON. All Summer Goods are being cleared at VERY GREATLY REDUCED PRICES.

MOON SPOT FOULARD SATINS, 23 inches wide, reduced to 6½d.; were 1/9

FANCY FLORAL AND SPOT JAPANESE SILKS, 27 inches wide, 5,000 yards being cleared at 1/0½; were 3/-.

ZEPHYR YARN DYED AND JAPANESE SILKS, Variegated Stripes and Checks; Sale Prices, 6½d., 8½d., 9½d., and 10½d. These wash well.

NAGASAKI AND LOUISINE SILKS IN ART COLOURS; All Silk Goods, only 9½d.; worth 1/6.

CREPE DE CHINE SILKS, all prices from 6½d. to 5/11.

BATAVIA SERGE SILKS, all Silk Goods, were 1/9, in Pink, Lavender, Lemon, Orange, Peach, and Old Gold, 22-inch, Sale Price 1/0½.

MESSALINE SILK SATINS, were 1/9, in Pale Pink, Sky, Navy, Peacock, Turquoise, Sea Green, 21-inch, Sale Price, 1/0½.

BRITISH WASHING SILKS, 30 Shades in choice Fashionable Colours at each price, 21-inch 1/0½, 1/4½, and 1/9½. We give the best possible value in these goods, and the daily repeats we have to make of them shows our customers' appreciation.

JAPANESE CHIFFON SILKS, very fashionable this Season, 23-inch, in the latest Art and Summer shades; Sale Prices, 1/0½, were 1/4½; 27-inch, all leading shades, 1/4½, in place of 1/7½.

LOUISINE SILKS, SPECIAL JOB LINE in Leading Colours, 18-inch 9½d., worth 1/6; a charming selection of colours, 20 inch 1/2½, worth 1/11; a still better lot, 30 shades, 21-inch, 1/6½; 50 shades in Our Specialité, 20-inch 1/11½, worth 3/-; also 50 shades in a richer quality, 21-inch, 2/3 in place of 3/3; and 30 shades in our best make, 21-inch, 2/6½. Our complete stock of these fashionable Silks is over 30,000 yards.

IVORY AND WHITE JAPANESE SILKS; we hold a stock of 30,000 yards of these favoured Silks. They have the advantage of always giving satisfaction. Ladies are continuously repeating their orders. We give the very best value. 20 to 21 inches, 6½d. and 8½d.; 23 inches, 10½d., 1/0½, 1/4½, 1/7½, and 1/11½; 27-inch, 1/0½, 1/2½, 1/4½, 1/7½, 1/11½, 2/3, and 2/6½; 36-inch, 1/0½, 1/2½, 1/4½, 1/7½, 1/11½, 2/3, 2/6½, 2/11½, 3/6½, and 3/11½. Twilled ditto, 23-inch, 1/4½, 1/7½, and 1/9½; 27-inch, 1/11½ and 2/6½; 36-inch, 2/6½, 2/11½, and 3/6½.

IVORY AND WHITE BROCHE JAPANESE SILKS, 300 Styles to choose from, the Greatest Variety and Best Possible Value. Styles from small tiny spots to large flowering designs that take ½ yard to show the full pattern; such grand styles are a rarity in these goods. Widths vary from 22 to 26 inches. Sale Prices, 1/0½, 1/4½, 1/7½, 1/11½.

SHANTUNG SILKS BY THE YARD, 18-inch, 4½d., 5½d., 6½d., 7½d., 8½d., 9½d., and 10½d. Wonderfully cheap.

BLACK SILKS & SATINS.

SPECIAL SALE PRICES.

We sell the most approved makes, selected with great care, so as to be able conscientiously to recommend them in accord with prices paid to give satisfactory wear. We have a Stock of 50,000 yards for Ladies to choose from.

BLACK JAPANESE CHIFFON SILKS, Fine bright make, very fashionable. Sale Prices, 38-inch, 1/4½, 1/7½, 1/11½, and 2/6½.

BLACK MERCERISED SILKS, BRITISH MAKES, soft and bright finish, 20 and 21-inch. Sale Prices, 6½d., 8½d., 9½d., 1/0½, 1/4½, 1/9½.

BLACK LUSTRINE SILKS, Good Lining and Foundation Silks, bright finish, 23-inch, 1/0½; 25-inch, 1/4½, 1/7½, and 1/11½.

BLACK SURAH SILKS, SPECIAL LINES, 19-inch, 9½d.; 20-inch, 1/0½, 1/4½, and 1/7½; 21-inch, 1/11½ and 2/6½; 22-inch, 2/11½.

BLACK ORIENTAL SATINS, SPECIAL SALE LINES. 21-inch, 1/4½, 1/7½, 1/11½, and 2/6½; 22-inch, 2/11½; 42-inch, 3/11½ and 5/6.

BLACK SATINS, SPLENDID LINES, 24-inch, 1/0½, 1/4½, 1/7½, 1/11½, 2/6½, and 2/11½.

BLACK DUCHESSE SILK SATINS, RICH SILK GOODS, splendid value, 25-inch, 3/11½, 4/11½, 5/11, and 6/11.

BLACK LOUISINE SILKS, very Fashionable, extra good lines, 19-inch, 1/4½; 20-inch, 1/7½, 1/8½, 1/11½, 2/3, 2/6½; 21-inch, 2/11½.

BLACK SATIN MERVS, All Silk Goods, 19-inch, 1/0½, 1/4½; 20-inch, 1/7½, 1/11½; 21-inch, 2/6½; 22-inch, 2/11½; 23-inch, 3/6½, 3/11½, 4/6½; 24-inch, 4/11½.

BLACK FANCY CREPE DE CHINE SILKS, a Special Purchase, 23-inch only 9½d.

BLACK CREPE DE CHINE SILKS, best British and French makes, 20-inch, 1/4½ and 1/7½; 22-inch, 1/11½; 42-inch, 2/11½; 44-inch, 3/11½ and 4/11½; 45-inch, 4/11½ and 5/11½.

BLACK TAFFETA CHIFFON SILKS; these very Fashionable Silks we shall offer Special lines at following prices: 19-inch, 1/11½; 20-inch, 2/3½ and 2/6½; 21-inch, 2/11½; 36-inch, 3/11½; 43-inch, 4/6½, 4/11½, and 5/11½.

BLACK GLACE AND TAFFETA SILKS, Special Sale Lines, 21-inch, 1/0½ and 1/4½; 22-inch, 1/7½; 23-inch, 1/9½, 1/11½, and 2/6½; 26-inch, 2/11½.

BLACK PEAU DE SOIE SILKS, Special Sale Lines, 20-inch, 1/11½; 21-inch, 2/6½; 22-inch, 2/11½ and 3/6½; 23-inch, 4/6½ and 4/11½; 28-inch, 5/11½.

BLACK FAILLE FRANCAISE SILKS, All Silk Goods, Special Sale Prices, 20-inch, 1/11½ and 2/6½; 21-inch, 2/11½, 3/6½, 3/11½, and 4/6½; 22-inch, 4/11½.

BLACK BENGALINE SILKS, Special Lines, 21-inch, 1/11½, 2/6½, 2/11½;; 22-inch, 3/6½, 3/11½, and 4/6½; 23-inch, 4/11½.

BLACK GROS GRAIN SILKS, Extra Good value, 22-inch, 1/11½, 2/6½, 2/11½, and 3/6½; 23-inch, 3/11; 24-inch, 4/6½.

BLACK RICH MOLDAVIAN SILKS, 2 Special Purchases on Sale, 22-inch, 3-11½; 23-inch, 4/6½.

BLACK COUTIL STRIPED JAPANESE SILKS, Sale Price, 20-inch, 9½d.

BLACK FANCY LOUISINE STRIPED SILKS, 19-inch, 1/2½.

BLACK WATERED MOIRETTE SILKS, 24-inch, Special Sale Lines, 1/0½, 1/4½, 1/7½, and 1/11½.

BLACK BROCHE SILKS, All Silk Goods. We have a Grand Show, 15,000 yards to choose from, quite 250 different styles and designs. Splendid Sale lines at the following prices, the best value ever offered: 20-inch, 1/4½, 1/7½; 21-inch, 1/11½, 2/6½, 2/11½; 22-inch, 3/6½, 3/11½, 4/6½, and 4/11½; 23-inch, in grand styles and quality, 6/11.

BLACK BROCHE TAFFETA CHIFFON SILKS, a splendid line in Neat Designs and good quality, 44-inch, Sale Price, 4/11½.

BLACK BROCHE GAUZE TRANSPARENT SILKS, a lot of very handsome Stylish Designs, 44 inches wide, 3/11½ per yard, worth double.

BLACK MOIRE FRANCAISE SILKS, 20-inch, 1/11½; 21-inch, 2/6½; 22-inch, 2/11½, 3/6½, and 3/11½; 23-inch, 5/11 and 6/11.

BLACK MOIRE VELOURS, Special Lines, 20-inch, 2/6½; 23-inch, 3/11½, 4/6½, and 4/11½.

A VERY SPECIAL PURCHASE of 150 Fine White Muslin Robes (unmade); full-shaped skirt, with material for Bodice and sleeves, trimmed handsome Guipure and Broderie Anglais; regular price 45/6, reduced to 31/6.

TEN DOZEN PARIS AND IVORY LACE ROBES, Shaped Skirt, with material for Bodice and Sleeves, very handsome work; usual price 37/6, reduced to 25/6.

A MANUFACTURER'S STOCK of 44-inch Chiffon Oddments, in all about 8,000 yards, in Black, White, Cream, and all Leading Shades. These goods were 1/3½, 1/6½, and 1/11½ per yard; all to be cleared at 9½d. per yard.

A LARGE ASSORTMENT OF CHIFFON AND CREPE DE Chine Scarfs and Shoulder Wraps in all the Leading Colours, 1/11½, 2/6½, 2/11½, 3/11½, up to 7/6 each. Splendid Value.

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LOT 1.—LADIES' HOLLAND COAT AND SKIRTS for the Holidays reduced to 4/11, 6/11, and 9/11, must be cleared. Wonderful Value.

LOT 2.—LADIES' HOLLAND DRESS SKIRTS, sizes 38, 40, 42, and 44 inches long, reduced to 1/11½, 2/11½, 3/6½, 4/6, 5/11, and 6/11 each.

LOT 3.—LADIES' WASHING UNDERSKIRTS in Pink, Cream, Eau-de-Nil, Cardinal, Reseda, Cerise, Butcher, and Navy, all reduced to 1/11½ each, wonderful value; also a lot of Fancy Mercerised Sateen Skirts in Several Shades; Sale Price, 3/11½.

LOT 4.—A FEW FANCY CHECK ZEPHYR WASHING Costumes, in Sky, Pink, and Helio, reduced to 9/11 the Costume; Special Value.

LOT 5.—A LOT OF ALL WOOL CREAM SERGE THREE-quarter Jackets, lined and unlined, further reduced to 9/11, usual price being 29/9, 35/-, and 39/9; Wonderful Value.

LOT 6.—129 ONLY, BLACK AND WHITE SHEPHERD Check Sun Ray Dress Skirts, in lengths 38 and 40 inches; Sale Price, 4/11½; also a few Grey Shepherd Checks the same price; Wonderful Value.

Please write for our Samples of Delaines and Tweeds for Dresses.

DRESS COTTONS.

FURTHER REDUCTIONS IN COTTON VOILES and Zephyrs, to effect a speedy clearance; Fancy Check Voiles, 28-inch, 6½d. and 7½d.; Floral Designs, 8½d. and 10½d.; usual prices, 10½d., 1/0½, and 1/2½ yard. Write for selection of Patterns.

DAMASK CLOTHS AND NAPKINS.

GREAT BARGAINS IN DAMASK CLOTHS AND NAPKINS, slightly soiled, at enormous reductions, 2 yards by 2 yards, 3-11, 4/11, 6/11, 8/11, 10/11, 12/11; 2 yards by 2½ yards, 4/11, 6/11, 8/11, 10/11, 12/11, 14/11, 16/11, 18/11, 21/-, 24/6; also in larger sizes.

DAMASK NAPKINS, 3-11, 4/11, 6/11, 8/11, 10/11, 12/11, 14/11, 16/11, 18/11, 21/-, and 24/6 dozen; a large assortment of Hemstitched Damask Cloths at great reductions.

IRISH LINEN GOODS.

A MANUFACTURER'S STOCK OF IRISH LINEN HAND-Embroidered Sideboard Cloths, 5 o'clock Tea cloths, Tray Cloths, and D'Oyleys, at less than 50 per cent. cost prices.

ALSO A LARGE STOCK OF LINEN AND LACE GOODS, at Enormous Reductions.

TOILET & BATH TOWELS.

SPECIAL CLEARING LINES IN HUCKABACK AND Turkish Towels, slightly soiled, in odd bundles of 4 and 6, at great reductions, to make a speedy clearance.

ALSO A LARGE STOCK OF REGULAR GOODS at great reductions.

HUCKABACK TOWELS, 6½d., 8½d., 10½d., 1/0½, 1/4½, 1/6½, 1/9½, and 1/11½ each.

TURKISH BATH, in Brown, 6½d., 9½d., 1/0½, 1/2½, 1/6½, 1/11½, 2/6, and 2/11½ each.

TURKISH BATH, in White, 6½d., 8½d., 10½d., 1/0½, 1/2½, 2/4½, 1/6½, 1/9½, 1/11½, 2/6, and 2/11.

BEDSPREADS.

FURTHER REDUCTIONS IN WASHING COTTON BED spreads, Single size, Frilled; Sale Price, 2/11½, usual price, 4/6.

ALSO A LARGE STOCK OF WHITE IRISH HAND-EMbroidered Bedspreads for Double Beds, 11/6, 14/6, 16/11, and 18/11; Linen, 18/11, 21/9, and 24/6 each.

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Special Show of Dress Baskets, Cabin Trunks, and Hat Cases.

DRESS BASKETS (WICKER) 27-inch, 18/6, 22/-, 23/6, 32/-, 33/9, and 41/-; 30-inch, 19-11, 24/6, 26/-, 33/9, 35/-, 45/-; 33-inch, 22/6, 26/11, 28/11, 37/6, 39/-, 41/6; 36-inch, 24/9 28/11, 31/6, 41/-, 42/9, 45/-, and 54/- each (Box, Tray and Rollers).

CABIN TRUNKS.

CABIN TRUNKS, covered Overland Cloth, 27-inch, 16/ and 18/9; 30 inch, 17/9 and 21/-; 33-inch, 19/6 and 22/9; 36-inch, 21/6 and 24/9.

COVERED BLACK JAPANNED TWILL CANVAS Leather Corners, 27-inch, 20/-, 33/9, 47/3; 30-inch, 22/6, 37/6, 52/6; 33-inch, 24/9, 41/-, 57/9; 36-inch, 27/6, 45/-, 63/-.

COVERED GREEN WILLESDEN CANVAS, 27-inch, 20/- and 25/6; 30-inch, 22/6 and 28/6; 33-inch, 24/9 and 31/-; 36-inch, 27/- and 33/9 each

COMPRESSED FIBRE CABIN TRUNKS, 30-inch, 54,6; 32-inch, 58/-; 34-inch, 61/9; 36-inch, 65/3.

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LADIES' HAT CASES, covered Black Cloth, for 2 Hats, 9/6; 3 Hats, 10/6; 4 Hats, 12/6.

COVERED OVERLAND CLOTH, 4 Hats, 15/9; 6 Hats, 18/9.

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LADIES' VISITING CASES, covered Black Overland Cloth, 20-inch, 11/9; 22-inch, 12/11; 24-inch, 14/-; 27-inch, 16/-; 30-inch, 17/9.

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Bags of every description kept in Stock. Please write for Illustrated Catalogue.

Ladies' and Children's Bathing Dresses and Waterproof Bathing Caps. A Stock on Sale, Very Cheap.

PATTERNS POST FREE.

SAMUEL LEWIS & CO., 5, 6, 7, 8, 9, 10, and 11, HOLBORN BARS, E.C.

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 1st of each month.

RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut rom this paper and enclosed with each dvertisemcnt.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

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5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, September, 1906.

DRESS AND MILLINERY.

Black Cloth DRESS and ETON COAT, 10s.; 38, 27, 42; particulars postage. M3619

MILLINERY LESSONS; personal instruction; prospectus free.—57, Upper Gloucester Place, Dorset Square, W.

Pretty black HAT, trimmed roses; good as new; post free, 5s. 6d.; bargain. M3618

Ladies' Cloth CYCLING KNICKERS, black, navy, brown, grey. Lined, shaped bands. Two sizes. 1s. 9d., post free. Approval.—E. M. Deighton, 16, Aldgate Avenue, E.C.

MILLINER, from Louise, Regent Street, remodels from 2s.; makes cheap, smart, millinery, blouses, gowns; all renovations, including furs, feathers.—Elise, 68, Great Russell Street.

Good grey SKIRT, 24, 40; COAT, BLOUSES, silk, etc., GOLF JERSEY—lot, 10s. 6d.—Mrs. Heskethe, 29, Bligh Street, Wavertree.

HATS TRIMMED, remodelled; stoles cleaned, dyed, renovated. — Jeanne, 77, Claverton Street, London.

NAINSOOK KNICKERS, trimmed lace, 2s., post free.—Deighton, 16, Aldgate Av., E.C.

TROUSSEAUX, LAYETTES, ALL UNDERLINEN, by hand or machine; dolls dressed; bathing dresses; ladies' shirts, blouses; knitting and crochet every description; smocked frocks; artists' and cooking aprons; children's overalls and pinafores; dainty bazaar articles; lovely chemise tops, pinafore yokes. M3612

Brown BOLERO COSTUME, 7s. 6d., 23-37. Approval for postage. M3615

Unmade champagne embroidered VOILE ROBE; this season's; two guineas. M3613

BOY'S ETON SUIT (age about 14), good condition; one term; best wear.

NEEDLEWORK, DRESSMAKERS, &c.

Experienced DRESSMAKER; loose furniture covers, all kinds of needlework; town or country.—Miss White, 26, Rockley Road, West Kensington.

Needlework, Dressmakers, &c. — PRACTICAL DRESSMAKER would be glad of work (renovations and repairs) at ladies' own houses or at home.—Address, Mrs. Davey, 51, Blatchington Road, Hove.

CROCHET TRAYCLOTHS, DOYLEYS, CHEMISETOPS, and PINAFORE YOKES; approval.—Miss H. Cass, 19, Albion Place, Maidstone.

CORSETS made to measure; ladies' patterns copied at the shortest notice; illustrated price list, measurement form, and patterns post free; corsets cleaned and repaired equal to new; trial solicited.—Madame Lee, Corsetière, Elm Grove, Southsea.

DRESSMAKER; daily; renovations; alterations; town or country.—Mrs. Goddard, 28, Turneville Road, West Kensington.

Millicent Wright, 45, Artesian Road, Westbourne Grove. Ladies' own materials; moderate.

Smart DRESSMAKER, RENOVATER.—Miss Clinch, 14, Barrow Hill Road, St. John's Wood.

DRESSMAKER, daily; dresses, blouses, mantles, renovations.—Bates, 70, Grosvenor Road, South Belgravia, S.W.

Dainty BLOUSES made from 1s. 6d. Stylish costumes, dresses, frocks, &c.—97, Lavender Hill, S.W.

LADIES' and CHILDREN'S DRESSMAKER; terms moderate.—Joan Comerford, 220, Dalling Road, Shepherd's Bush.

Needlework and Dressmakers.—LADIES' MATERIALS MADE UP; latest styles.—Jeanne, 77, Claverton Street, London, S.W.

JEWELLERY.

For Sale, heavily silver-plated AFTERNOON SERVICE, richly gilt, hall-marked silver SUGAR TONGS, and beautiful TRAY, 19s. 6d., unused.—Elise, 68, Great Russell Street.

For Sale, silver-plated afternoon TEA SERVICE, richly gilt, hall-marked silver sugar tongs, beautiful tray, 19s. 6d.; unused; approval.—Elise, 68, Great Russell Street.

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

Miss N. Langford exchanges PICTURE POSTCARDS. — Hannan's Brewery, Kalgoorlie, West Australia.

Miss R. Allpress exchanges PICTURE POSTCARDS.—Hannan's Brewery, Kalgoorlie, West Australia.

To Sell cheap, BOOKS—Hypnotism, Mesmerism, Magnetic Healing, Thought Reading, Clairvoyance, &c. M3616

Good STAMPS for Sale; proceeds charity; members wanted for club.—Apply, Secretary (G.R.G.S.B.), 19, Downside Crescent, Hampstead, London.

PHOTOGRAPHS beautifully coloured. Pendants, 6d. Cabinets, 1s. Send colour of hair and eyes. Cash with order.— Madam Binns, Ivy Cottage, 29, Whitegate Drive, Blackpool.

Miss Foy, 2, Sunnyhill Road, Streatham, S.W., exchanges 4d. JEWELLED ACTRESS CARDS. Also 2d. ones and 3d. coloured.

MISCELLANEOUS.

Lady wishes to WASH BLOUSES and LADIES' UNDERLINEN and CURTAINS by hand at reasonable terms.—Mrs. Groncké, 123, The Grove, Camberwell, S.E.

Patients visited for MEDICAL and FACIAL MASSAGE. Highest medical references. Established 1895. Pupils trained. —19, Wellington Street W., Higher Broughton, Manchester.

Wanted, to ADOPT BABY; any age; loving mother's care; entire surrender; doctors' references; moderate premium required. M3617

LADIES' EMPLOYMENT; samples, 1s. 2d. Easy situations, particulars, 8d.—E. S. Linnett, G.P.O., Brackley.

Splendid STUFF REMNANTS, 5s, and 10s. parcels, carriage paid.—Worth, Shipley, Bradford.

PATCHWORK, pieces, silk, velvet, 100 for 6½d.—H., 39, Newtown Road, Hove.

CRAPE PAPER PLAITING for hats. Eight yards, 7-strand, 1s. 3d., any colour. M3620

OUTFIT for 10-inch doll, 4 articles, 6d. Postage extra.—H. Hammond (Miss), 1, Goldsmith's Row, N.E.

DOLLS' WOOLLEN BOOTS and SHOES, 1d., 2d.; tams, 1d., 4d.; postage extra. — E. Paxman (Miss), 1, Goldsmiths Row, Hackney Road.

Ladies' correct BODICE PATTERNS drafted; send measurements and 2s. to Madame Lucie, 55, Crescent Place, Hackney Road, London.

CARE OF CHILD wanted; comfortable family.—11, Claremont Road, Wealdstone, Harrow.

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. SEPTEMBER, 1906.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

L. C. Andrews, 31, Conewood Street, Highbury, N.
Miss Anton, 54, Beresford Street, Camberwell, S.E.
Miss P. Austin, 13, Berners Street, Oxford Street, W.C.
Miss E. Baker, 4, Strode Road, Forest Gate, Essex.
Miss Bates, 70, Grosvenor Road, South Belgravia, S.W.
Miss L. Bradbury, 68, Pellatt Grove, Wood Green.
Miss Clinton, 54, Beresford Street, Camberwell, S.E.
Miss Cooper, 5, Richmond Place, Lillie Bridge, S.W.
Miss Coward, 82, Camden Road, N.W.
Mrs. Davey, 51, Blatchington Road, Hove.
Miss Dodd, 7, Gorringe Park Parade, Tooting Junction.
Mrs. R. Dolling, 40, Shirland Road, Maida Hill, W.
Mrs. England, 440, Edgware Road, N.W.
Miss Gilbert, 28, Gloucester Road, Croydon, Surrey.
Mrs. Goddard, 28, Turneville Road, West Kensington.
Miss Lyth, Denstone, near Uttoxeter, Staffs.
Miss M. May, 50, Algar Road, Isleworth, Middlesex.
Miss Pearl, 14, Bruce Road, South Norwood.
Miss Saward, 14, Quadrant Grove, Haverstock Hill, N.W.
Miss Smith, 3, Pakeman Street, Hornsey Road, Holloway, N.
Miss R. Voysey, 8, Davis Road, Acton Vale, W.
Whare Kiaora, 2, Alexandra Villas, Alexandra Park Road, Wood Green.
Miss E. White, 26, Rockley Road, West Kensington Park, W.
Miss Willson, 42, Seymour Place, Fulham Road, Kensington, S.W.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 35, Westbourne Park Villa, Bayswater, W.
Mrs. Brown, 2, West Marland Terrace, Southampton, Hants.
A. and M. Burnett, 7, Windsor Road, Holloway, N.
Mrs. Bushby, 42, New Fenlake, Bedford.
Miss Clasper, 14, Broughton Road, South Shields.
Miss Clinch, 14, Barrow Hill Road, St. John's Wood.
Mrs. E. Cocksedge, 11, Cadogan Street, Cadogan Square.
Miss J. Comerford, 220, Dalling Road, Shepherd's Bush.
Edward M. Deighton, 16, Aldgate Avenue, E.C.
Mrs. England, 440, Edgware Road, W.
Ethel Eugenie, 12, Blomfield Road, Shepherd's Bush, W.
Mrs. Goddard, 28, Turneville Road, West Kensington.
Miss Gook, 21, Hollywood Road, Fulham Road, South Kensington.
Mrs. Hatsell, 15, Fitzroy Road, Primrose Hill, N.W.
Mme. Hte. Laine, 109, Adrian Terrace, Redcliffe Square, S. Kensington
Madame Léonie, 48, Lancaster Road, North Kensington, W.
Miss Maud Lee, 89, Warwick Street, South Belgravia.
Madam Lili, 52, Stamford Hill.
Madeleine, 30, Robert Street, Hampstead Road, N.W.
Miss Martin, 2, Wellington Square, Chelsea, S.W.
Miss Mayhew, 109, Highgate Road, N.W.
Laura Norman, 2, Pownall Road, Fulham, S.W.
Miss Ratcliffe, 20, St. Luke's Road, Bayswater, W.
Madame Roebuck, 98a, Holland Park Avenue, W.
Miss E. Scott, Kelvedon, 39, High Street, Highgate.
Miss Amy Sutch, 4, New Quebec Street, Portman Square.
Miss Tidey, 66, Englefield Road, Southgate Road, London, N.
Miss R. Voysey, 8, Davis Road, Acton Vale, London, W.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
C. Wild, 6, Frederick Crescent, North Brixton.
E. M. Woolner, 46, Elthorne Avenue, Hanwell, W.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.
F. E. Young, 48, Earlsfield Road, Wandsworth Common, S.W.
Miss Young (from Russell & Allen), The Laurels, Bletchingley, Redhill.

LADIES' AND CHILDREN'S MILLINERY—

Mrs. J. Etherton, 137, Northcote Road, Clapham Junction.
Madame Ilene, Abbott's Court, Kensington Square, W.
Madame White, 638, Fulham Road, London, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square.

LADIES' SHIRTS—

Edward M. Deighton, 16, Aldgate Avenue, London, E.C.
Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Pettey, 29, Alberta Street, Kennington Park Road, S.E.

PILLOW LACE MAKER—

Miss Kent-Johnson, Sharnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

CORSETIERE—

Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.

FURS RENOVATED—

Mrs. Lindfield, 17, Powis Road, Brighton.
Mrs. Annie Roadknight, 43, Blatchington Road, Hove, Sussex.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

All Coupons must be received by the 1st of each month preceding date of issue.

No. 6350.—Tailor Gown with Triple Skirt.
For Description see Pages 30 to 34.
Price of Paper Pattern, Skirt, 1s. 0½d.; Coat, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 6350A.—Blouse of Jap Silk.
Price of Paper Pattern, 6½d., post free of Madame Myra, *10 and 11, Fetter Lane, E.C.*
Blouse of plain and embroidered Jap silk, trimmed with frills of the same. 21-in. plain silk 6 yards.

THE SCHOOLMISTRESS'S LIFE IN A VILLAGE.

From a recent issue of "Women's Employment" I take the following opinions of a "Squire's Daughter" on the subject: "There is many a worse profession for an educated woman than that of elementary schoolmistress in a village school. In the first place the independence of such a post compares favourably with that of a private governess. . . . The schoolmistress is generally received by the most well-to-do and respectable cottager in the parish—sometimes there is even a small house near the school appropriated solely to her use. . . . The village schoolmistress's public work is over at four every day, after which her time is at her own disposal, and though she will spend a part of it naturally in preparation for the next day, and in teaching the pupil teachers, she is no longer on duty with the children, as are most private governesses. Saturday is a whole holiday. . . . Most houses would be open to her, had she the time to spare from her work, and she would be able to gain that mental relaxation and renewal of ideas from social intercourse so necessary to the tired worker and would-be successful teacher, for of all professions teaching is the most wearing to the nerves. In addition to the training required by the County Council . . . there are three essential qualifications for this work: a good temper, strong voice, and a fondness for children. In village schools several classes have to be kept in order in one room; two or three different subjects have to be taught to different classes at the same time. This needs an equable temper and a strong voice. It would be advisable for a lady to undergo a course of voice production in order to save her throat in speaking, especially as she must be at her post in all weathers.

"The influence that a lady schoolmistress may gain and the good she may do are untold if she really loves children and knows how to gain their love. . . . The example of a refined and educated woman, her teaching of common courtesy towards their elders, to each other, to their superiors, would be of material service to the children in their walk through life. . . . One disadvantage of the profession . . . would probably be a great trial to a woman of refinement, viz., the close and continual proximity of a number of unwashed or insufficiently washed little human beings. In time I suppose, a lady might vanquish this bugbear by much ventilation, and by such a ceaseless insistence on the laws of health as must eventually penetrate to the parents, and re-act on the whole village; but that a good deal would have to be endured at first cannot be denied."

No. 6351 No. 6352

SMART AUTUMN SKIRTS.
For Descriptions see Pages 30 to 34.
Price of Paper Patterns, Pleated Skirt, 1s. 0½d.; Yoke and Foundation Skirts, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

January 20.—"Of all the ladies' papers that are published 'Myra' is undoubtedly the very best."—M. H.

Health and Beauty.

All Letters to be addressed to "Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

ALICE.—You can quite cure your face of blackhead by using "Dr. Harlan's Beauty Cup" (2s. 1d., post-free from M—Highwater Laboratory Company, 1-84, Exchange Buildings, Southwark, London) night and morning in the way directed in the Beauty-book which you will get with the Cup. It is a very easy treatment to give oneself.

SUFFERER.—You will only weaken your whole system if you continue to take that crude drug every day in the way you say you have been doing for months past. Try the effect of taking a teaspoonful of "Eno's Fruit Salts" (2s. 9d. a bottle at any chemist's) in half a tumbler of cold water, the first thing on rising, instead of that pernicious cup of tea, and you will find yourself less constipated every week, until at last you will be quite cured of your tiresome trouble.

SUSAN.—You were a long time answering my last letter, but I can quite understand that all the trouble you have been through made letter writing almost impossible. Still, I am glad to see you like MYRA'S JOURNAL and find our "*Needlework Library*," now published in book form, so useful to you. The one teaching "Plain Needlework" (No. 67, post free for 2d. from this office) is a number that I am sure will especially appeal to that friend of yours who has to make her living by her needle.

MISS B. H.—I am indeed sorry to see that you get so little sleep. Take a teaspoonful of "Eno's Fruit Salt" effervescing in cold water the first thing in the morning instead of that pernicious cup of tea, and at night, instead of the slice of cake with cup of hot milk, eat one of "Bragg's Charcoal Biscuits," a box of which you can buy at any chemist's. You will find that the indigestion from which you now suffer will go, and that you will soon be better in every way, and natural sleep will come to you without the aid of drugs.

PIPPIE.—If, when you come in from your games of golf with your husband, you just rub into your hands about a teaspoonful of Beetham's "Larola" (you can get this for 1s. a bottle at any chemist's) all that tan will go, and your hands will be as white and nice and smooth as you wish them to be. No; do not give up the sport, it will keep you slim.

EVA.—I am so sorry to hear that your hair is beginning to go gray so early. Have you had any mental worry to account for it? Anyway, the best thing you can do now will be to rub into partings made in all directions on your head every night some of the "Primrose Lotion for Arresting Greyness," which is sent post free for 2s. 9d. by Mr. Mason, 25, Bank Plain, Norwich. Ask Mr. Mason to send you his book on "*The Hair and its Treatment*" (this he gives gratis and post free to any readers of MYRA'S JOURNAL who apply to him for it) which will give you practical instruction in the right way to massage your scalp.

MARGHERITA.—As safe and good a powder as you can use is "Woolley's Sanitary Rose Powder," which you can buy for 1s. a box from any chemist. The "trick" is to always rub the powder well into the skin, and then to lightly dust it off again.

DOT.—Empire Curls are found so useful that they will "be fashionable" for as long as little hats "keep in," for it seems to be impossible to place these at the right angle unless one can dress the hair to fill up gaps wherever they occur. If you will send just a little end of your hair where it retains its bright chestnut colour to the Universal Hair Manufacturing Co., 84, Foxberry Road, Brockley, London, the Lady Manager will send you a group of curls that will exactly match your hair, and that you will have no difficulty at all in arranging.

SLIP.—The thing you have to set yourself to do is to get the cause of the trouble out of your system. When you have cured yourself of rheumatism by taking "Clarke's Blood Mixture" (2s. 9d. at any chemist's) your finger-joints will gradually reduce, and your hands will be as white and pretty as they used to be. Of course you will be wise to massage your hands with a good emollient (such as the "Creme Supreme," which is sold for 2s. 9d. a pot by Mr. Mason, 25, Bank Plain, Norwich) every night, and you should rub from your finger-tips downwards towards your wrists.

WOMAN-WORKER.—I quite agree with you as to the hardness of the fate which decrees that you must always look young, but, believe me, it is not only in your business that this is so. Try to look on the brighter side of things, get Dr. Harlan's "Beauty Cup" (2s. 1d., post free, from the M. Highwater Laboratory Co., 1-84, Exchange Building, Southwark, London, E.C.), and use this night and morning, and you will soon see a fresh colour coming into your face, and the pretty rounded contour of chin that you are beginning to miss will return.

SUNNY JIM.—Wash your hair well with soft water to which you have added sufficient "Clarke's Ammonia" (6d. a pint, I believe, at every chemist's), and when it is dry apply "No. 5 Golden Imperial Hair Dye" (2s. 6d. from J. Brodie and Co., 41, Museum Street, London, W.C.) to get back the beautiful natural colour that has, for the time being, gone from your hair. Messrs. Brodie's dyes are quite harmless, and very cleanly.

MINNIE.—Blackheads are really most tiresome to dislodge, but if you will massage your face every night during the next three weeks with the "Cream of Sulphur" which Mr. Mason, 25, Bank Plain, Norwich, sends post free for 2s. 9d. in a nice glass toilet jar, you will find that they will go, and that your skin will be as clean and fresh as you are longing to have it.

ENTHUSIASTIC MOTORIST.—When you return from your daily spin you should wash your face with "Oatine" (1s. 6d. from Messrs. Oatine, 131, Denman Street, London Bridge, S.E.) instead of with soap and water. Then you will not experience that gritty sensation.

A TOILER.—Naturally we are always glad to help by sound advice, those who, like yourself, must look well, yet have so little money to spend on toilet preparations. Now, in order to keep your hands nice and white, you can adopt no simpler or cheaper method than to rub into them, always after washing them, a few drops of "Beetham's Lait Larola," which you can buy for 1s. a bottle at any chemist's. When you get hot and flushed, sponge your face with a lotion composed of one part rectified spirit in two parts of cold water, and when this has evaporated, powder with "Woolley's Sanitary Rose Powder" (the cream shade), which you can get for 6d. a box. This is such a safe and harmless powder that you can rub it well into the skin, and then, with a bit of old well-washed soft muslin, you should wipe off as much as will come. Then you will look and feel "as cool as a cucumber."

OLD AND GREY.—(1) The exercises that will best help you to get thinner about the waist and hips are clearly illustrated and described in Chapter XI. of the book called "Beauty of Figure," by Deborah Primrose. Mr. Mason, 25, Bank Plain, Norwich, can supply you with it for 2s. 9d. post free. (2) "A Primer of the Art of Massage" (for learners), by Dr. Stretch Dowse, is written in quite simple language, and would show you the right way to go to work. (3) Your hair will grow thicker and more lustrous than it now is if you nightly rub into the roots, especially by your temples, a little of the "Petrolate of Sulphur," which is sold for 2s. 6d. by the above Mr. Mason. (4) The fluid about which you ask would tend to make your hair rusty in time if you used it freely. There is an excellent dye, in one liquid, called "Jappo," which is sold for 2s. 2d. a bottle by The Teinture Syndicate, 285, Regent Street, W. Apply this to the greying hair and you will, with safety, get the right shade back into it. (5) I am sorry I do not know of any teacher of dancing in your neighbourhood. Your nearest bookseller would, very likely, be able to give you the information.

INDUSTRIOUS ONE.—Lace and embroidery are more worn than ever, and, as you say, handwork always looks better than that which is done by machines. I advise you to get from Messrs. Beeton and Co., Publishers, 10 and 11, Fetter Lane, London, E.C., their complete handbooks, "*Embroidery*" (price 6d.), which has 270 clear illustrations, and "*Lace Work*" (5d.), with 127 illustrations. These handbooks were compiled by expert workers, and you will find them most valuable and trustworthy.

TROPICS.—Get Mr. Mason (25, Bank Plain, Norwich) to send you over a supply of his "Anti-Gnat Tincture" (2s. 9d. a bottle here), and you will find that if you sponge your skin with this, after you have had your bath, no insects will come near you, though it does not smell unpleasantly at all. It will keep off mosquitoes if you bathe with it at night, and you will, I know, find it the greatest boon.

HIPPIE.—If you are beginning to get too stout all over the safest reducer you can take is "Dr. Ritter's Specific for the Cure of Obesity," which you can only obtain from O. E. Horn, D.Sc., 43, Parkwood Road, Bournemouth, who sends the preparation in a plain wrapper for 2s. 6d. post free. After you begin to take this specific your health will improve, and you will lose that miserable sensation of breathlessness. You will find the R.S. Patent Reducing Corset (10s. 6d. post free from the makers, R. Sales and Co., Corset Specialists, Newark-on-Trent) most comfortable, and they will make you look much slimmer at once.

LETTIE.—If you clean your face with "Oatine Cream" (1s. 3d. from "Oatine," 131, Denman Street, London Bridge, S.E.), wipe with a soft towel, then powder with "Oatine Face Powder" (1s. 6d. a box), your skin will lose its present roughness and redness and become quite smooth and nice. Try to do without using soap and water to your face for a fortnight while carrying out this treatment.

SWAN.—You can make your "mouse coloured" hair golden again by using "Imperial Hair Dye No. 5," which you can get for 2s. 6d. from J. Brodie and Co., 41, Museum Street, London. You must be sure to thoroughly shampoo your hair the day before you re-colour it, and in order to entirely free it from grease you should use "Mason's Ethereal Ammonia" (1s. 3d. from Mr. Mason, 25, Bank Plain, Norwich), with hot water. Then the stain will "take" readily and not be streaky.

MOTHER OF BOYS.—(1) You should give the children a cooling saline draught once a day in the hot weather, and they will like "Eno's Fruit Salt" (2s. 9d. at any chemist's), which is so reliable. (2) To cure yourself of that flatulent form of indigestion take a "Bragg's Charcoal Lozenge" (these are kept by chemists, too) after each of your meals.

"I have taken you journal for seven years, and find it very useful.—L. Bradbury, 38, Gladstone Avenue, W. G., N.

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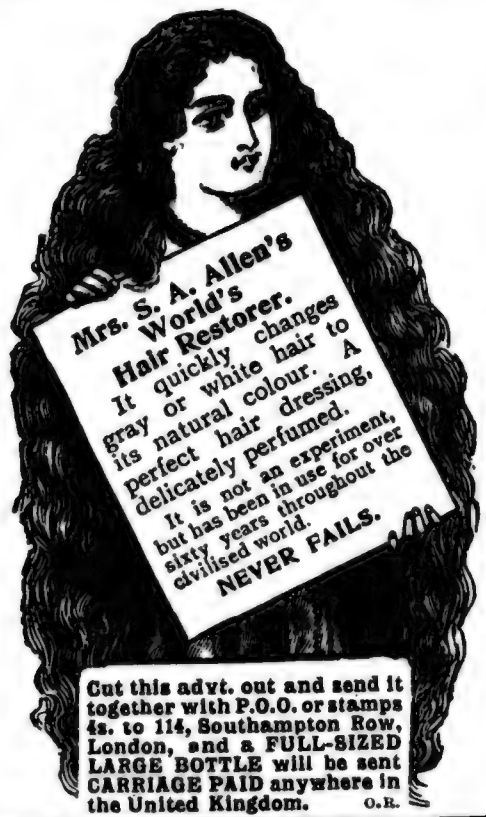

Cut this advt. out and send it together with P.O.O. or stamps 4s. to 114, Southampton Row, London, and a FULL-SIZED LARGE BOTTLE will be sent CARRIAGE PAID anywhere in the United Kingdom. O.R.

ELECTROLYSIS

The "Tensfeldt" Process.

Guaranteed Permanent Cure.

SPECIAL FREE OFFER.

I want to place a copy of my book, "THE FACE PERFECT," in the hands of every woman who is a sufferer from this dread scourge of superfluous hair. IT IS FREE TO YOU for the mere trouble of asking for it. If you are anxious to rid yourself for ever of this disfigurement, this book will show you how it is possible. Write to-day. I give all letters addressed to me my personal and strictly confidential attention.

Throw Razors, Pumice Stone, and all injurious preparations away. The Tensfeldt Electrolysis Home Treatment is the only Positive Cure.

Madame P. TENSFELDT,
Specialist in Electrolysis Treatments,
33, SHANDWICK PLACE, EDINBURGH.

The "R.S." Patent Reducing

CORSET.

With Extra Strong Elastic Belt.

Improves every figure, at once reduces corpulency and prevents high figure, affords strong binding support without pressure. Instantly adjusted.

BLACK, WHITE, OR DOVE,
Real **10/6** *Whalebone.*

Sizes stocked, 19 to 36 inches; over 30-inch waist, 4d. per inch extra. We fit any figure, should stock sizes not fit, we exchange making a pair with any alterations, 1/6 extra. Sent post free to ladies upon receipt of waist size and P.O. Colonial Orders, 1/6 extra.

R. SCALES & CO.,
Corset Specialists.
NEWARK-ON-TRENT, ENGLAND.

YOUR BUST DEVELOPED SIX INCHES

FREE.

The Secret FREE for a BEAUTIFUL BUST and a PERFECT FIGURE.

"The desire to possess Beauty is keenest where refinement is strongest."

Do you feel yourself deficient as to a plump, well-rounded figure? Is your bust measurement all that you desire? Are there hollow places above and below your collar-bone? Whatever you may lack in the way of perfect form or figure Nature will supply for you if you use the **DIANO** method. A request from you to the ESPANOLA Co. will bring to you, free of cost, a sealed package in plain wrapper giving you full information how you can, in the privacy of your own room, increase your bust measurement six inches in a short time and develop and perfect every part of your form. They also send free new beauty book, showing photos from life, with testimonials from many prominent society ladies, who have used this safe, sure and rapid method. Write to-day, and enclose stamp to pay postage.

Lady Manager, K. G. ESPANOLA MEDICINE CO.
(Dept. 125), **203a, Regent Street, London, W.**

FOR

ARTISTIC NEEDLEWORK.

1/9 per Doz. Balls.

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AUTUMN CLOTHS AND TWEEDS.

THOSE desirous of getting smart striped and chequered tweeds for autumn wear, and beautiful dress and mantle cloths should send off for a box of patterns to Best's Dress Goods Co., Bradford, who will send patterns, entirely post free, they paying the cost of postage *both ways*. The tweeds this year are exceptionally smart and attractive, and it is advisable to see those offered by a good house, so that the best can be had. Best's Dress Goods Co. rightly name their fabrics "Bradford's Best" (B.B.), as they succeed in providing high-class materials at quite moderate figures, owing to the saving of middlemen's fees and large sales. For tea-gowns, bridge frocks, and evening gowns nothing could be more attractive than the sheeny B.B. crêpes de chine, silk voiles, and the finest of white and pale-hued face cloths, all to be had at most reasonable cost.

FRINGES AND TRANSFORMATIONS.

As people get older the hair retreats from the face by degrees, the becoming marked hair line of youth getting first vague and thin, to the serious detriment of beauty. Few women become really bald, but this falling back and deterioration of the hair line is experienced by nearly all as the years creep on. Our best hair manufacturers have thoroughly realised this. They do not suggest the wearing of a complete wig—the old panacea for the trouble—but they manufacture fringes and whole or semi-"transformations," which cover the thin places, and look just like the natural hair owing to the skill with which they are made. The International Hair Co. (Dept. M. J., 10, Newman Street, Oxford Street, London, W.) are wonderfully successful with their transformations and fringes, for they use only the best hair, they mount the hair with skill (to make it look as if it really grew out of the head), and they pay every attention to ensure that the additional hair should be thoroughly satisfactory, by being up to date in style, really becoming and in good taste, and thoroughly comfortable. The lightness and airiness secured prevents any harm being done to the wearer's own hair; indeed, it will be found that wearing one of the International Hair Co.'s transformations improves the spoilt hair line by giving the tender, thin hairs there a rest, and therefore encouraging their growth and increase.

On this page is shown a beautiful complete transformation costing only 30s. It is not too much to say that this model, so artistically produced, would cost at most West End hairdressers' several guineas. This same coiffure can be had piecemeal—a semi-transformation at 15s. 6d., and a fringe at 6s. 6d. 10s. 6d., or 4s. 6d. (according to the amount of thickness of hair required). These are very low prices for the best hair. The International Hair Co. have a great variety of transformations, semi-transformations, and fringes in all the latest styles at similar prices. The only measurement required in ordering is the circumference of the head, and a form of self-measurement is included in the excellent illustrated price list, which will be sent post free on application. A perfect fit and match as to hair pattern sent is guaranteed.

Even when the natural hair is naturally abundant the fringe and transformation is indispensable. The traveller, the cyclist knows how impossible it is to keep hair waved and curled under the heat of bodily exertion. No one cares to appear at table d'hôte unkempt and uncurled, with limp and greasy locks, and here the fringe comes in admirably.

GREAT SALE STILL PROGRESSING AT THE HOLBORN SILK MARKET.

We go to press so early that we are in time to notify the still greater reductions announced at Messrs. Samuel Lewis and Co.'s (The Holborn Silk Market, Holborn Bars, E.C.), where the whole stock is being cleared preparatory to receiving the new season's novelties. Silks—of a kind to be useful throughout the winter for indoor and evening wear—can really be picked up for

A COMPLETE TRANSFORMATION.
From the International Hair Company,
(*For Description, see this Page.*)

a mere song, of a very dainty and attractive character, quite fresh and unsoiled. Those ladies who are contemplating a September trip on the Continent should secure at once their share of the bargains in tweed, serge, and linen coats and skirts. Most attractive are the cream serge half-length coats, at the very low price of 9s. 11d.—about a third of their real value. Holland coat and skirt costumes are to be had from 4s. 11d., since the great reductions. A very nice one can be had for 9s. 11d. Of course, no time must be lost, as such things as these clear rapidly. They can be had in various sizes. This is an opportunity of getting a store of washing underskirts at 1s. 11½d., in all colours, pale and dark, very nicely made. Very smart-looking skirts of mercerised sateen, looking like silk, are now priced at 3s. 11½d. Another very attractive feature in the great sale is the stock of shepherd's plaid sun-ray skirts (front length 38 or 40 inches) reduced to 4s. 11½d.

The whole of the charming muslins and cottons are being cleared, and it is an opportunity for securing a stock of these pretty fabrics for next year, and for light autumn blouses. The taste for thin and airy blouses, so noticeable last winter, will be in full force this season, and we shall see under fur coats, and for bridge frocks, innumerable muslin and crêpe de chine blouses. Here are the materials to make them at a third of the usual prices. Made-up articles cannot be sent on approval, but patterns of fabrics will be sent. The special sale of black silks and satins is a feature to be noted, as these fabrics are always required, and can be worn at any season of the year.

OATINE FACE POWDER.

Always of service to those whose tenderness or greasiness of skin requires a good, hygienic face powder, Oatine is simply indispensable to the traveller and the cyclist in this hot weather. Travelling by rail is apt to be heating and weakening in much cooler weather than we have had this early autumn. If the hot face is wiped with a clean handkerchief, and is dusted over with Oatine, a pleasing coolness and freshness replaces the hot and greasy look which disfigures the most charming visage. The best of Oatine is that it also soothes and protects a tender skin which has been nipped and chapped with the cold blasts of winter, so that it is equally useful in a different way in summer and winter weather. Oatine is to be had, price 1s. 6d. the box, from all chemists and stores, in three shades to suit all complexions. Many ladies, however, will avail themselves of the offer made by the proprietors of Oatine, who will send them on application, *without charge*, a 1s. 6d. box of Oatine for them to try. If, at the end of a fortnight, the recipient has found (as she is sure to do) that Oatine is beneficial, as claimed, she is expected to send on a remittance of 1s. 6d.; but if she is not satisfied, and writes to that effect, no more will be said about the matter. For the 1s. 6d. box of Oatine address The Oatine Company, 131, Denman Street, London Bridge, S.E.

NATURE'S OWN FOOD.

A gentleman, asked the other day how his children were, answered with the usual, "Oh, all right, thanks!" Then he added, after a moment's pause: "At least, they would be, had not the heat played the deuce with their digestions." Only too many people are repeating the same thing, for the tropical summer has been unkind to a nation whose food and clothing have not been thought out with a view to continuous hot weather. Food, too heavy, is taken two and three times a day. But the usual diet would not be too heavy if it was sprinkled with a little Plasmon Powder, because Plasmon assists digestion, and adds to the nourishment the food contains. Who dares give the children porridge in very hot weather? Yet this excellent bone-making, nerve-steadying food will not be found overheating if it is made of Plasmon Oats. Plasmon Custard or Plasmon Blanc Mange should be a prominent dish of the sweet course on every lunch and dinner table. These two excellent and dainty dishes are made in a few seconds by the aid of Plasmon Blanc Mange and Custard Powders. Mothers and housewives should send off at once for a free sample to 25, Plasmon House, Farringdon Street, E.C. Apart from the nourishing qualities of these, they will form an attractive, quickly-made variety to the stodgy fare endured usually in seaside lodgings.

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1.—It is illustrated by 72 original pictures reproduced from *actual photographs* taken for the author, and under her direction, and not from imaginary drawings, but from *living models*.

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4.—There is a talk on the value of rest, while the last chapter cautions those anxious to be beautiful not to go to extremes, and gives the proportions of the ideal figure of a perfect woman of to-day.

5.—The exercises shown and described are possible for women of various ages.

Finally, it is a manual intended to be used by *every woman in her dressing-room daily*, and is therefore not encumbered with words, nor with irrelevant padding, and it is one that will appeal to all women who have a due sense of the value of proportion, and of the beauty that results from maintaining it by a systematic practice at home of exercises that keep all their muscles active and shapely.

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Correspondence.

RULES.

1. To be answered in the next number, letters must reach us not later than the 25th of the month.

2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.

3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be sent unless a stamped and addressed envelope be enclosed. Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

4. Queries to be answered by post must be limited to three.

5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered on this page.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

WIGLEY.—I like your serge immensely. The silk bodice, however, would be most inappropriate. But you can use what serge you have left for a wide corselet (with suspenders over the shoulders), or as the charming little pinafore bodice, No. 6290. In case material runs short, use the silk for the stitched edge and the stitched shoulder straps, but the waste from the skirt should supply enough for this small bodice. You might trim the serge with white silk braid, and wear the costume with a white silk blouse; that would be most smart. (2) Flat hats are best for motoring. In arranging your veil, pin it right to the front of the cap. If the veil only reaches halfway over the cap, you might as well not take the trouble to wear one at all, as the wind, raised by the pace of the car, will sweep the hat off your head, just as if you had no veil on.

DOROTHY.—1. I am sorry that you did not send your full address, as I should have answered you by post. I hope this is in time. Certainly include the tomato velveteen dress. You can improve the skirt by inserting a very narrow tablier of cloth to match (this will make skirt more "roomy"), cut in one with a shaped flounce (this will give the required "flow" at the feet. As to the bodice, I see no reason why that also should not be furbished up. You can hide the faulty cut by having a shaped frill berthe of the cloth, and increase the sleeve by slashing the velveteen with the cloth, or else shearing off the velveteen sleeve's top and having a cloth puff instead, with the velveteen as a fitted lower sleeve only. To look well this renovation should be carried out in cloth to match (I grant it is an impossibility to match two velveteens or two cloths, but velveteen and cloth are quite a different matter).

ANGELINA.—(1) You have enough pink muslin for the blouse No. 6340. Use your two yards of veiling for the lovely little dressing jacket, No. 6342, and edge it with the galon. You can turn out the whole thing in an hour or two as you have a machine. (2) Those silk sheets of yours could be turned to account as a white tea gown on the same principle, but for a gown you must have an underdress of silk—your Empire evening gown would do, stripped of its ornaments. Lace shawls can be used for the same purpose.

TWILIGHT.—(1) "Moonlight" spangles are not specially in, but on the other hand anything spangled can be worn just now. (2) The tea-gown seems quite possible from your description and sketch. Take it by all means. (3) The corselet skirt is still in, but as you say you have to keep your better dresses a long while, I should advise a more easily "converted" design. It is possible that the corselet skirt may be quite démodé next spring. Copy the smart skirt of the gown No. 6331. It will go perfectly with the sort of coat you want—which is a very good and safe type—always more or less in use.

TRAFALGAR.—(1) There is a beautiful wing-sleeve bolero at No. 6332. For autumn wear the bolero No. 6322 is to be commended, as it crosses in front and is warmer than most types of this smart little coat. (2) The three-quarter redingote will be a feature of the autumn styles. You will find one at No. 6315, and there is a very smart one at No. 6334. These coats derive their style more from cut and finish than from trimming, and they therefore ought to be turned out by a good hand. (3) You had better take your length of cloth to Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E. She is a very good tailoress, and she also understands the art of shirt cutting. She will make your Viyella shirts as they ought to be made, as you want the real shirt—not the more "fussy" blouse style.

DANGHAN.—(1) The umbrella skirt is best for Empire gowns, cut in two gores, seamed front and back. Each wide circular side is made up of breadths of material, seamed up the selvedges till enough width is attained. This method of cutting is certainly more economical, as the full length is required only in one place for figured materials, when the neat joining of the stripe or other design quite hides seams. For plain satin of course the corners must be added at back only, and then more material must be allowed.

No. 6353.—SMART MUSLIN GOWN FOR BIARRITZ.

For Description see Pages 30 to 34.

Price of Paper Patterns, Skirt, Foundation Skirt, and Blouse, each 6½d., post free of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

THERESE.—(1) You will find two pretty dressing or breakfast gowns on page 12. A nice one was dealt with in the August No. You had better get the August No., which has illustrations of beautiful bridal gowns, and deals with bridal trousseaux generally—you will find some very smart designs in it. (2) Yes, the mob cap is coming in again. You will find two sketched in this No. on pages 12 and 31. Muslin is the best material, trimmed with a little ribbon. Broderie Anglaise is a little heavy for this purpose, and will suggest too much a child's sun hat. The mob cap is quite easy to make. The pattern will cost you 3½d., post free.

EMPLOYMENTS FOR LADIES.

For answers on this subject, see pages 24 and 25.

COOKERY AND HOUSEHOLD MANAGEMENT.

For answers on this subject see page 28.

ETIQUETTE.

Letters to be addressed to "Duenna," "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

NORAH.—(1) It is quite unheard of. As your daughter was not invited, it would be an unpardonable breach of good taste to take her. It is bad form (because so highly inconvenient) to take an extra, uninvited guest to a ball. To do so in the case of a country house party would be quite unpardonable. (2) Young girls do not have cards. If old enough to visit with their mothers, the girl's name is printed on her mother's card (below her mother's name). Children should not be taken visiting unless expressly invited, as their presence is by no means always acceptable to the other guests.

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

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SEPTEMBER, 1906.

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Reigate.—"I beg to state that your patterns and book are a great help to me and to my trade generally."—E. M. Poo'e.

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They are also sold in assorted packets of fifteen, at 1s. 6d., post free.

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No. 7, ORIENTAL EMBROIDERIES.—This handbook has been prepared by an expert, and contains very beautiful and original designs in Egyptian, Algerian, Bulgarian, and Hungarian Embroidery. 59 Illustrations.

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No. 24, DRAWN WORK (PART II.).—Contains 40 Illustrations of Faggot Stitch, Herring Bone, Clusters, Fringes, Wheels, Point de Reprise, &c., &c.

No. 25, STOCKING KNITTING (PART III.).—Contains many pretty fancy Stockings and Socks for Ladies and Children; also Socks for our Soldiers, and for charitable purposes.

No. 26, WOOLLEN COMFORTS FOR SOLDIERS AND SAILORS (well shaped, quickly made); Balaklava Helmets, Cholera Belts, Tam-o'-Shanters, Socks, Guernseys, Cardigan Jackets, &c.

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